



Bringing Smiles

# CHILD HELP FOUNDATION

August'23 Journal



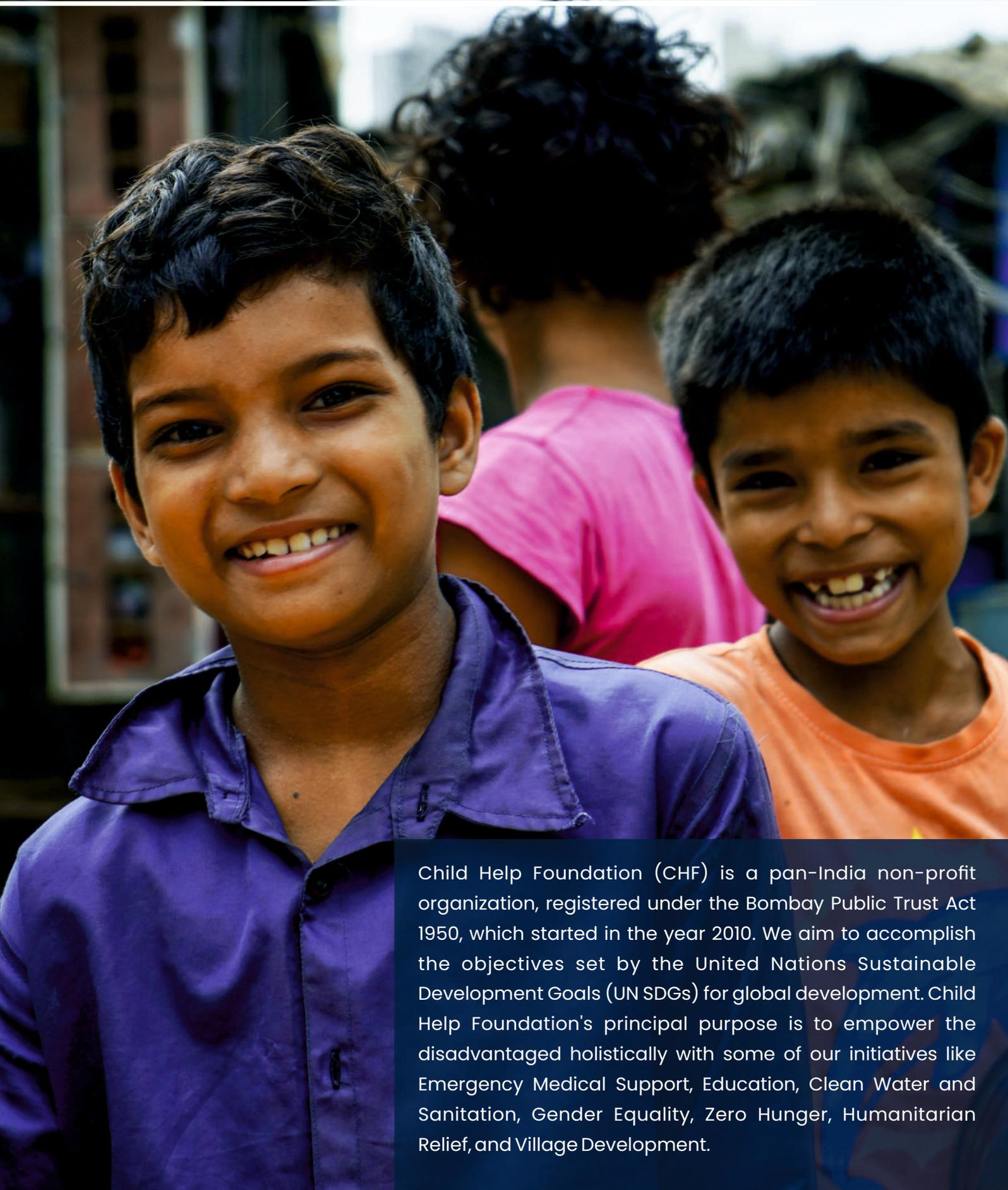
## Educating Children About Substance Abuse

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# About Us



Child Help Foundation (CHF) is a pan-India non-profit organization, registered under the Bombay Public Trust Act 1950, which started in the year 2010. We aim to accomplish the objectives set by the United Nations Sustainable Development Goals (UN SDGs) for global development. Child Help Foundation's principal purpose is to empower the disadvantaged holistically with some of our initiatives like Emergency Medical Support, Education, Clean Water and Sanitation, Gender Equality, Zero Hunger, Humanitarian Relief, and Village Development.

# Anti-Drug Awareness Campaign in Schools Comment



# Anti-Drug Awareness Campaign

Everyone is terrified of the term "drug," especially parents. Youths are exposed to greater drug use in today's generation, and it has been progressively rising year after year.

It is a direct outcome of shifting cultural norms, intense competition in the job and educational markets, mounting financial burdens, and a lack of supportive relationships for teenagers throughout their formative years. The impact of peer groups and the desire to try new things are two important factors in the rise in drug use among teenagers.

Drug misuse only has detrimental effects, such as drug dependency, mental and physical health issues, and poor academic performance. It is crucial to address the negative aspects of drugs, though the government takes the necessary steps as an individual, it is essential to spread awareness.

Child Help Foundation considering the severity of the issue and the importance of educating children about drugs and their consequences began conducting an Anti-Drug Awareness Campaign.

The awareness campaign was conducted in two schools namely: P.G Vora High School

and Mount Carmel School in Mira-Bhayander, Maharashtra on the 22nd and 23rd of August respectively. The session was conducted in collaboration with Naya Nagar Police Station.

It was headed by API (Assistant Police Inspector) Sandip Divate and Ravsaheb Mote, a team member of Child Help Foundation. Students and school staff members were delighted with the campaign.

Mr. Shaji Varghese also voiced his concern about the usage of drugs in our country by saying "Youths are the new generation who would lead the country to greater heights and it is our responsibility as an individual to educate them the right things and help them empower. Drugs have become an easily accessible substance that can ruin one's life. If addicted, it becomes difficult to stop that addiction. We consider that schools are the best place to educate them about these grave issues and make them aware of the consequences."

Child Help Foundation would like to continue such Anti-Drug Awareness Campaigns to educate more children about drugs and also provide support to those who have been stuck in this loophole.

# Emergency Medical Support



## Will My Child Ever Be Normal Again?

"Misery and Dread have become a part and parcel of my son's life. Only thirteen years of age, yet his suffering is equal to that of a 60-year-old. He can barely walk and has to undergo a blood transfusion every six days. Time is running short and I have no idea how will I be able to save my son."—

Akhaya Kumar; (Father)

### Padmalochan Dash

Hypoplastic MDS

Like any thirteen-year-old, Padmalochan Dash wishes to go outside and play with his friends, but Padmalochan's condition has made this simple dream impossible. Padmalochan is suffering from 'Hypoplastic MDS', and he needs treatment as soon as possible.

It all started when he experienced gum bleeding. After undergoing a biopsy, he was diagnosed with the disease. According to the doctors at Fortis Memorial Research Institute in Gurugram, Haryana, he needs a stem cell transplant, which would cost Rs. 25,00,000/- (Rupees Twenty Five Lakh Only).

Life has become a living nightmare for Padmalochan. Every six days, he has to undergo blood and platelet transfusion and he has immense swelling. He can barely walk for more than half a kilometre.

Akhaya is unemployed and has no source of income. It is becoming impossible to arrange the funds for his son's treatment.

The only glimmer of hope lies in your kindness and generosity. Please donate to save Padmalochan and share this fundraiser with all your friends and family members.

**There are many more children who need urgent treatments, and your small contributions can make a huge difference.**

[Please Donate!](#)



### Jervin

7 Years Old  
Heart Disease



### Pranjali

4 Years Old  
Tetralogy of Fallot



### Yogini

5 Years, 9 Months Old  
Heart Disease



### Aashmika

1 Year  
Major Neonatal condition



+

# Emergency Medical Support



**Dilshad**  
12 Years Old  
Heart Disease



**Shreevardhan**  
9 Years Old  
Hodgkin's Lymphoma



**Amol**  
2 Years Old  
Cleft Lip



**Aayaan**  
17 Years Old  
Neurofibroma



**Shanmukha**  
5 Years Old  
Leukaemia



**Vivansh**  
2 Years Old  
Spinal Defect and Hydrocephalus



**Alpnaso**  
12 Years Old  
Congenital Scoliosis



**Priyansh**  
2 Months Old  
Aspiration Pneumonia with Sepsis



**Banothu Ganesh**  
13 Years Old  
Heart Disease



**Samruddhi**  
6 Years Old  
Thalassemia Major



**Bhadra**  
15 Years Old  
Scoliosis



**B/O Anjum**  
1 Day  
Premature Birth  
Complications



**Madasu Alekhya**  
8 Years Old  
Heart Disease

# Success Stories



**Bo Dhanalaxmi**

Being Born before the due date, Dhanalaxmi and Selva were completely devastated and had low hopes for the survival of their daughter. When all hope seemed lost, the donors of Child Help Foundation saved the day for the entire family. Today, they are happily raising their little one.



**Tanishka**

Suffering from liver failure, Tanishka's days were spent in pain and misery. Her parents had no idea how to save her as their hands were tied by the shackles of poverty. The hope was slim, but not the love of donors, who saved Tanishka from misfortune. Today, Tanishka lives a joyful life.



**Aashrith**

Cancer was wreaking havoc on Aashrith, as he became a shell of his former self. Even though his bone marrow transplant was done, his symptoms still persisted. With nowhere to turn to and having already spent a fortune, Aashrith's parents turned to Child Help Foundation for help, whose donors arranged the money for Aashrith's treatment.



**Titli Shah**

No nine-month-old child should be suffering from heart disease, but such was the fate of Titli Shah. Being the daughter of a mere farmer, there was no end in sight for Titli's pain and misery. As a last resort, Titli's parents decided to place their faith in Child Help Foundation, and then the donors became a superhero for Titli Shah.

# Success Stories



**Fidal Dev**

Comfort and Peace became distant strangers for twelve-year-old Fidal Dev. Suffering from a heart disease, Fidal Dev had lived in pain. But the twelve years of pain finally came to an end, as the donors of Child Help Foundation finally put Fidal's misery to rest through love and affection.



**Meraj Alam**

Meraj had dreams of teaching the next generation. But his dreams were put at stake, as he was suffering from Thalassemia Major. His parents' hearts were beating with both fear and pride. They were proud of their child's intellect but feared for his life. Luckily, the donors made sure that Meraj would live to educate the next generation as they poured love and support for him.



**Anvika Pandit**

Instead of playing with her toys, Anvika spent more time in chemotherapy sessions. Such was the sad childhood of Anvika Pandit. Carrying dread and pain in their hearts, Anvika's parents approached Child Help Foundation, in search of hope. Their faith was warranted, as the donors helped Anvika get out of cancer.



**Jeet Jain**

Grief was set upon the Jain family, when their young seventeen-year-old boy, Jeet was suddenly experiencing fatigue and restlessness. Turns out Jeet was suffering from cancer. Having raised their son for seventeen long years, their parents were distraught and had no idea how to pay the enormous bills. When hope was bleak, the donors' selfless efforts helped Jeet get back on his feet and beat cancer.

# Success Stories



**Mahek**

Being a single mother, Hinaben made sure that Mahek had nothing to be wanted. She made sure that the absence of a father figure was never felt. However, there was little she could do for Mahek's deformity, which made her dependent. The cost of her independence was surgery, which was beyond Hinaben's reach. Fortunately, the donors of Child Help Foundation built a bridge which helped Mahek reach her treatment.



**Milsana**

Milsana had not one, not two, but three holes in her heart. Rs. 3,60,000/- (Rupees Three Lakh Sixty Thousand Only) was needed to save Milsana, which was beyond her father's financial condition. Thus, he approached Child Help Foundation for monetary assistance. The donors made sure that his financial requirements for the treatment were met and saved his daughter from misery.



**Shaan**

Being the sole breadwinner in a family of six, the situation of Mousim's son, Shaan, was demotivating. Suffering from a heart condition, the doctors said that he needed treatment as soon as possible, but the treatment came with huge bills. Thankfully, the donors came to the rescue and helped Shaan get out of his predicament.

# Success Stories



**Ilma**

Started with fever and breathing problems, soon evolved into unimaginable nightmares. Ilma's health was plagued with a heart condition that could only be saved through surgical intervention. However, Ilma's parents were taken aback by the cost, which was beyond their capabilities. With a glimmer of hope, Ilma's parents approached Child Help Foundation. After the necessary verification was done, the donors helped Ilma to be cured and return to her family, hale and hearty.



**Bo Aswathy**

Aswathy and Abhilash couldn't even get a moment with their newborn son, as the child was quickly placed into the NICU. Their hearts were filled with dread and sorrow, fearing for the life of their little angel. Today, the little one rests in the hands of Aswathy, which was only possible because of the donors of Child Help Foundation.



**Harshada**

Today, Harshada jumps around and is full of smiles. However, such was not the case a few months ago, when her life was hung in balance, as she was suffering from a heart condition. During such catastrophic times, her parents approached Child Help Foundation, and the rest is history.

# International Day of World's Indigenous People: Celebrating the Tribal Culture of India

According to the World Bank, Indigenous People are 'distinct social and cultural groups that share collective ancestral ties to the lands and natural resources where they live, occupy or from which they have been displaced.' In simple words, indigenous people are the original inhabitants of lands. Native Americans are one example of an indigenous group.

In India, the Scheduled Tribes or Adivasis are considered to be a part of the 'Indigenous Group', and they form a sizeable part of the population, comprising 8.6% of the population, bringing the estimated population to 104 million. However, there are some tribes that haven't been given the status of 'Scheduled Tribes', meaning that the total population might be much higher.

To raise awareness about the plights of the indigenous population, 9th August has been observed as an 'International Day of World's Indigenous People', and at the same time recognizing their contributions and achievements.

Despite living in India for centuries and contributing to the nation in their own ways, the tribal population of India has faced many setbacks and challenges.

Some of these include Poverty and Exploitation, Technological and Economic Backwardness, Non-Assimilation with Non-Tribal populations, Socio-Cultural Handicaps, Illiteracy and Low Educational Levels, Health and Nutritional Issues, and Indebtedness.

In our modern capitalistic society, the economy is taking precedence over nature. This has caused the destruction of the natural habitat of tribal people and also promoted environmental hazards. Some tribal

populations consider these plants as diety and work to protect them. We themselves can take inspiration from them, and promote the importance of nature.

With that in mind, Let us celebrate a few more of the tribal cultures in India, and see what we can learn from them:

While most women are still struggling for basic rights, a tribe in the northeastern state of Meghalaya is paving the way for an alternative societal structure. The Khasi are a few of the remaining matrilineal societies left in the world

In Khasi society, the youngest daughter inherits ancestral property and wealth, while men live in the residence of their wives, and take the names of their mothers. Most Khasi women are traders by occupation and have a role in decision-making. The matrilineal uncle, referred to locally as kni plays an important role in aiding the women in matters related to property and wealth. This tribal society teaches us a progressive way of marriage, where there is no shame in a husband living in his wife's residence.

What if we tell you that there is one tribe that has eliminated sexual crimes of all manner? Well, there is one such tribe in India by the name of Bison-Horn Maria in Chattisgarh. Widow re-marriage and sex education have always been the norm in this society, which could be the reason behind the lack of sexual crimes. According to the members of the tribal community, they can't remember the last time they heard about marital discord or domestic abuse in their society.

While we celebrate the tribal culture, it is also important to include them in our societies. This inclusion will help them preserve their cultural

[Read More ...](#)

# Monthly Highlights

## SDG3: GOOD HEALTH AND WELLBEING

### • Visit to Vikramgad Ashram School, Palghar, Maharashtra

On 1st August, the Vikramgad Ashram School in Maharashtra was visited along with Blossom and Akshay from LTPCT. They observed the ongoing health screening camp and interacted with the project team. The team doctors – Dr Preeti Bharsat and Dr Sanjivani Chachad explained the entire process of screening and how the records are maintained of each child. The project nurse – Geeta explained to them about medicine stock and the process of stock-keeping. Later they attended the session which was conducted by the counsellor on the subject of mental health. Post this, the meeting was conducted with the school principal Mr. Gosavi and he remarked how the project is significant to their children.

After concluding the school visit, an NGO meeting was attended by the DHO (District Health Officer) in Palghar along with the LTPCT team. The presentation was made by Blossom (Project Coordinator of LTPCT) there upon the School Health Project and other projects funded by LTPCT in Vikramgad.



### • Jawhar ITDP office, Palghar, Maharashtra

On the 14th of August, 2023, the meeting was conducted with Mr. Pardeshi – Asst. PO of ITDP, Jawhar in Maharashtra regarding the permissions for the projects. The permission letters were submitted to implement the IGP project and organize the training on POSH-POCSO. The superintendents were also part of the training.

On the return journey, a visit was paid at Sakhare Ashram School where school health screening was going on. On the 14th of August 2023, a meeting with the school principal Mr. Kedare from Sakhare Ashram School regarding the project feedback was conducted.

The principal said "This health screening project is very relevant for our students because we get health services to the doorstep. Earlier we had to depend on PHC to treat unwell students. We have some limitations in sending the students to PHC because of limited manpower. But now doctors come to our school and students get easy access to reach them"

# Monthly Highlights

## SDG3: GOOD HEALTH AND WELLBEING

### • Visit to Vikramgad Ashram School , Palghar, Maharashtra

On 11th August, a visit was paid to the Chabke – Talwali Ashram School in Maharashtra to meet the school principal – Mr. Mane. During the meeting, a discussion was held with the school principal on the components of the project and brought to his notice how the project is relevant to their students. He immediately instructed his fellow colleagues to cooperate with the project team and provided all necessary support for the smooth implementation of the project. In the afternoon, the Man Ashram School was visited. There was also a meeting conducted with school principals, Mr Rikame from the primary section and Mr Arun Bhoir from the secondary section to get their feedback about the project.

According to the principal of Man Ashram School, "This project is based on the actual needs of students. Not only health but other things are also focused on, such as counselling and creating awareness among them which are very important. We will provide all necessary support to implement this project because this is for us."



# Monthly Highlights

## SDG3: GOOD HEALTH AND WELLBEING

### • Meeting with Neha Bhosle, IAS. Asst. Collector and PO, Palghar, Maharashtra

A visit was organized to the ITDP office Jawhar to give an orientation of the project to the PO – Neha Bhosle and take the follow up on permission letters which were submitted earlier. Mr Jiji and Ms Meena oriented her about Child Help Foundation's ongoing projects and explained the project activities which are proposed under IGP and the School Health Project (LTPCT). The ITDP office immediately issued the permission letter to organize the training on POSH-POCSO.



### • LTPCT team meeting Sakhare school

Sakhare Ashram School in Maharashtra was visited to review the School Health Project. A discussion was held with the project team to understand the entire process of filling out the health card that doctors are filling out for each student. The discussion was also held with the team members from the ARSH project.



# Monthly Highlights

## SDG3: GOOD HEALTH AND WELLBEING

### • Jawhar ITDP office, Palghar, Maharashtra

The three-day Synergy Conclave which was organized by LTPCT in-between the 24th to 26th of August at the LDS (Leadership Development Academy), Lonavala, Maharashtra was attended by Mr. Jiji John and Mr. Ravsaheb Mote. On the first day, a session was started at 2 o'clock afternoon. After the inauguration, a discussion was held on the topic of VMOST (Vision, Mission, Objectives, Strategy, Tactics, and Framework). Thereafter the round table discussion was held with CEOs of different NGOs which are associated with LTPCT. On behalf of Child Help Foundation, Mr. Jiji attended the discussion.

On the second day, the subjects were covered such as impact stories and photography, Rose Bud and Thorn Framework, the Fishbone technique and accounting and auditing. On the third day, the session started with the topic of Understanding Impact Measurement. Until the conclusion of the event, group presentations of the 3Cs (Coherence, Collaboration and Communication) plan were done.



### • Breast Feeding Week was celebrated at Urban Health Centre, Bandra, Maharashtra

The objective of the program was to make mothers and other attendees aware of the benefits and importance of breastfeeding. The event started with the welcoming of the chief guests, Dr. Aiman Shaikh (Medical Officer), Dr. Suman Lokhande (Pediatrician) Dr. Sana (Gynecologist) and Ms. Jyoti Kamble of Child Help Foundation. The nurses and hospital staff told the mothers and their families who were present about breastfeeding week. They explained and elaborated on the significance of breastfeeding in an infant's growth stage and how their baby needs to be breastfed for at least 3 months. The chief guests also elaborated on how vital it is for the infant's development to be given milk from the mother to the child. Ms Jyoti Kamble then continued to elaborate on the importance of the week and more was said on the significance of breastfeeding also featuring the Baby Feeding Centre in the hospital which allowed mothers to breastfeed in privacy and safety. The program also included posters on breastfeeding.



# Monthly Highlights

## SDG3: GOOD HEALTH AND WELLBEING

- **Update of Baby Feeding Centres - Palghar Railway Station, Boisar Railway Station, Pune Railway Station, Kashimira Police Station, Sir J.J Hospital, Cama Hospital, Kurla Railway Station, Lakeshore Hospital, Chottanikara Temple and General Temple**

The Baby Feeding Centres in Sir J.J Hospital, St. Georges Hospital, Urban Health Centre and Kashimira Police Station were visited. On 1st August, Baby Feeding Centres in Palghar and Boisar Railway Station were visited, and both centres were found to be cleaned and well-maintained. On 16th August, a new centre was inaugurated at Pune Railway Station in the presence of Mr Pathak & Mr Jiji John. A visit was paid to the centre at Kashimira Police Station on 21st August, and all work barring cushions and curtains, has been completed. On 23rd August, Ms Jyoti, the project team member, visited the centre at Sir J. J Hospital. On 24th August, the centres at Cama Hospital and Kurla Railway Station were paid a visit and both the centres were found to be well-maintained. On 25th August, Centres at Cama and Sir J.J Hospital were visited for audit work. The baby feeding centres at Lakeshore Hospital, General Hospital and Chottanikara Temple, Ernakulum were also found to be well-maintained. Other Baby Feeding Centres are also functional, which are- Urban Health Centre and St Georges Hospital, and Kalyan Railway Station. The utilization is good and looked after well by the hospital staff and the railway staff.



Palghar Railway Station  
Maharashtra



Kurla Railway Station  
Maharashtra



Kashimira Police Station  
Maharashtra



Sir J J Hospital  
Maharashtra



Pune Railway Station  
Maharashtra



Lakeshore Hospital  
Kerala

# Monthly Highlights

## SDG3: GOOD HEALTH AND WELLBEING

### • BABY SLEEPING SACK DISTRIBUTION

The baby sack distribution, titled 'Sleeping Sack Kiddie Comforts', is a comfortable sleeping sack for children of 12 months to 24 months, where the material is made of comfortable fabric as well as baby-friendly in terms of dryness and cleanliness. These baby sacks are to be distributed among the less privileged masses to help their children during the various seasons keeping them comfortable and warm. The sacks were distributed in Amrita Hospital (Faridabad, Haryana), Dhalakai Basti (Bhubaneshwar, Odisha), Borivali Pre-School (Mumbai, Maharashtra), Anganwadi (Karnataka). Sacks were also distributed to Anganwadi workers in Bengaluru, Karnataka, Domestic Workers in Mumbai, Maharashtra, and in Malappuram, Kerala.



Bengaluru, Karnataka



Faridabad, Haryana



Bengaluru, Karnataka



Borivali, Mumbai, Maharashtra



Borivali, Mumbai, Maharashtra



Kerala

# Monthly Highlights

## SDG3: GOOD HEALTH AND WELLBEING

### • Meeting the Director of Nair Hospital with a permission letter for the Baby Feeding Centre On 16th, 18th and 21st August 2023

- The Director of Nair was visited to seek permission for the mounting of Baby Feeding Centres.
- The Director along with the team had accepted the proposal along with the permission letter and asked for a follow-up for the permission
- Further, a survey was conducted in the Nair Hospital, to clear our understanding that the Kangaroo Cabin and the BFC have already been mounted in the hospital, wherein the hospital authorities felt that there is no need for BFC to be mounted here.

### • Awareness session on Substance abuse at PG Vora school – Mira Bhaindar, Maharashtra

On 22nd August, an awareness session was conducted in Maharashtra's PG Vora School using the PPT and video clip. The session started at 11:00 am and finished at 12:30 pm. In the starting, participants were made aware of Child Help Foundation and its initiatives. Before starting the PPT presentation, the video clip was shown to the children. It helped to understand the children that how children of their ages come under the influence of drugs and how difficult it is to come out of that addiction. After that, the subject was explained more deeply using the PPT presentation. Each slide was explained by giving the information with details and adding stories and examples. All slides were made self-explanatory by using more pictures related to the subject so that children could understand and relate more easily. At the end of the session, the children asked their doubts. Their queries were answered by the facilitator as well as Mr. Mangesh Kad – API from Naya Nagar Police Station who presented throughout the session with his fellow staff. He also interacted with students and shared his personal experience. As told by him, the police are making hard efforts to curb the illegal trade and consumption of the drug but facing hurdles mainly due to a lack of awareness in society.



# Monthly Highlights

## SDG3: GOOD HEALTH AND WELLBEING

### • Awareness session on Substance abuse at Mount Carmel School – Mira Bhaindar, Maharashtra

On 23rd August, The same session which was conducted in P. G. Vora School on the previous day, was repeated in Mount Carmel School. The session was attended by 300 students from 9th and 10th classes. Along with the children, their teachers were present throughout the session. The session started at 10:30 a.m. In the introduction session, participants were made aware of the Child Help Foundation and its ongoing initiatives. After that, the short video was played. The video clip helped to bring a lot of clarity about the subject and students realized how the drug issue is spreading rapidly in every segment of society and how teenage students are more prone to come under the influence of that. The session lasted for one and a half hours. After the discussion, a question-and-answer session was conducted. API – Mangesh Kad was there and he also shared his experience and brought clarity on how police are taking measures to curb drug use.



### • Needs Assessment Survey in BMC Hospitals – Mumbai, Maharashtra

On the 23rd & 24th of August, Ms Sendra visited Nair, KEM, Bhabha and Cooper Hospitals in Mumbai, Maharashtra to conduct a survey for the need assessment of Baby Feeding Centres in these hospitals. She conducted a survey with the hospital staff and noted down their responses in the survey form.



# Monthly Highlights

## SDG4: QUALITY EDUCATION

### • **Distribution of Uniform fabric – Narayanapura, Bengaluru, Karnataka**

On 10th August 2023, the Child Help Foundation team of Karnataka distributed uniform fabric to the school students of Narayanapura, Bengaluru, Karnataka. The major objective of the program was to Create Harmony among the students as it maintains dress discipline



### • **Awareness of Organ donation at Pali Ashram Shala, Palghar, Maharashtra**

On 18th August 2023, Ms Jyoti Kamble from Child Help Foundation celebrated World Organ Donation Day with an awareness session by ROTTOSOTTO at Pali Ashram School in Maharashtra. There were 2 guest speakers from ROTTOSOTTO, an organization that is a government initiative for spreading awareness about organ donation amongst the people. The session was conducted for the students of 9th and 10th std. During the session, they were given very basic information on the topic as they were minors. They explained what is organ donation, who can do it, which organs can be donated. Students listened to the topic very carefully. Ms. Jyoti asked them some questions to get an understanding of how much they understood from the session. They were given a form as a pledge to donate their organs at the end of the session. They were requested to convey the information to the parents as well.



# Monthly Highlights

## SDG4: QUALITY EDUCATION

### • Independence Day Celebration – Ponneri, Tamil Nadu

Child Help Foundation celebrated its 77th Independence Day with the students in Ponneri, Tamil Nadu. Stationery Kits, Sweets, were distributed among the students. The celebration instilled the values of patriotism in students and left them with a lot of memories to cherish.



### • Distribution of sweets and stationery to underprivileged children and Asha worker in Haryana

On 31st August 2023, the staff of Rewari, Haryana distributed sweets and stationery to underprivileged children and Asha workers at Dhaliwas Village, on the occasion of Rakshabandhan. The beneficiaries were very happy to receive the sweets and stationery and thanked Child Help Foundation. This cheered the children and they felt encouraged to be at school.



# Monthly Highlights

## SDG4: QUALITY EDUCATION

### • Women's Equality Day at Wangani School – Maharashtra

On 31st August 2023, Wangani Ashramshala in Maharashtra celebrated "Women's Equality Day" with great enthusiasm and dedication. The event showcased the remarkable achievements of Indian women, particularly in the field of science. The highlight of the celebration was the presentations made by the girls at the ashramshala, where they passionately shared insights into the accomplishments of female scientists, who have made significant contributions to the nation and the world. This event served as a platform to inspire and empower young girls to pursue careers in science and other fields, emphasizing the importance of gender equality. It was a day filled with inspiration, education and a strong commitment to promoting women's rights and opportunities.



### • School Development Project – Bihar

A teacher was appointed for the Mini Science Centre in two government schools: M. S. Maur and M. S. Koyaribigha Schools in Bihar. During the month of August, the teacher conducted Science and Mathematics classes regularly with the help of the models in the Mini Science Centre.



# Monthly Highlights

## SDG4: QUALITY EDUCATION

### Classes conducted under the Mini Science Centre

#### Sessions conducted under MSC

During the month of August following classes were conducted under the MSC program in Pali School (3rd, 8th, 12th and 24th August), Murbad School (10th August) and Wangani School (31st August)



# Monthly Highlights

## SDG4: QUALITY EDUCATION

### • Classes conducted under Servier

The Support classes at Bhopoli Ashram Shala in Maharashtra helped with the difficulty of Mathematics and Science Subjects.

Maths Teacher: Difficult lessons in Algebra were taken. There was a great improvement in the students and great confidence was seen. Also, some examples were solved by students for better practice.

Science teacher: Basic Concepts of Science were covered. Heredity and Evolution, Life processing in Living Organisms, Gravitation, and Modern Periodic Tables were taught. Students were able to understand it better and were active with scientific experiments as well.



# Monthly Highlights

## SDG4: QUALITY EDUCATION

### • **Child Care Institute-CCI (Number of Students-263)**

A series of activities were conducted in numerous Child Care Institutes. The list of which are given below:

**Needs Charitable Trust (Bengaluru, Karnataka):** Birthday Celebration, Counselling Program, Health Awareness Program

**Ashraya (Handicapped Welfare Organisation) (Bhubaneswar, Odisha):** Independence Day Celebration, Haemoglobin Test, Drawing, Debate and Song Competition, Plantation Program

**Khirod Basini Kanya Ashram (Odisha):** Independence Day Celebration, Counselling Program

**Koel Saraswati (Odisha):** Independence Day Celebration, Debate Competition

**Charis Foundation (Thirumullaivoyal, Tamil Nadu):** Independence Day Celebration

**Special School of Joy (Kadma, Jharkhand):** Independence Day Celebration, Yoga and Physical Exercise

**Saraswati Anath Shikshan Ashram (Pune, Maharashtra):** Yoga, Exercise, Study Classes, Independence Day Celebration



# Monthly Highlights

## SDG4: QUALITY EDUCATION

### • Child for Child Program

Child Help Foundation, through its Child For Child program, has been working for nearly 7 years. Now to positively engage school children from across the country and imbibe in them positive human values, helping them understand the importance of growing up as responsible and conscious citizens of the country.

The Child for Child team also initiated dialogue and discussions with parents, teachers, principals and educators across the country to help recreate a supportive environment for children as well as caregivers, as they navigate the adverse impact of the pandemic.

More than 600 value education sessions were conducted with more than 900 schools pan India under these sessions. Children are sensitised to various causes and value systems and made to understand the importance of growing up as empathetic human beings and responsible citizens of the country.

To engage young minds, stories and lessons are shared from the lives of inspiring change-makers.



# Monthly Highlights

## SDG4: QUALITY EDUCATION

### • Child for Child Program



# Monthly Highlights

## SDG2: ZERO HUNGER

### • Nutrition Kit Distribution – Mulund, Maharashtra

On 31st August 2023, Ms Pranisha, a Project team member, visited in support of the PMTBMB (Pradhan Mantri TB Mukht Bharat) Yojna. Child Help Foundation staff have actively distributed nutrition kits from the month of July (it's the sixth month) in collaboration with the Brihanmumbai Municipal Cooperation. The support is provided to 40 paediatric patients in Mulund, Maharashtra. These nutrition kits consist of rice, wheat flour, groundnuts etc. These kits contributed to the government's cause of a Tuberculosis-Free India.



### • Roti Ghar

Child Help Foundation in collaboration with Roti Ghar provided cooked food to 1800 children in Mumbai, Thane, Delhi, Bengaluru, Chilikaa and Hyderabad. Child Help Foundation's main aim is to provide food to needy children and make their future brighter and better by providing nourishing meals and taking care of their health.



# Monthly Highlights

## SDG 5: Gender Equality

### • Training on POSH

Sessions on POSH was conducted by Meena Lokhande-Lee, Head of Resource Mobilization. The provisions of POSH were elaborated in the session. Formation of the committee, Cases of POSH, Gender Equality and Responsibilities of the Head were discussed. Locations are mentioned below: Taj Lands (3 August 2023), Taj Palaces (7 August 2023, 19 August 2023, 22 August 2023), Next Polymers Limited (18 August 2023, 23 August 2023), ITSPE Private Limited (19 August 2023), and Next Polymers (24th August 2023)



### • Visit to Royal College (IGP)

On 2nd August 2023, Child Help Foundation team members, Ms Jyoti and Shubodeep, visited Royal College of Mira Road, Maharashtra regarding the permission to conduct a session on gendercide and gender equality with the students. They met Dr Seema the NSS head, and gave the letter to her. She said that she would speak with the principal and get permission and she would also prepare a timetable for conducting the session.

### • MBMC office IGP permission

On 22nd August 2023, Ms Jyoti Kamble along with Priyanka and Shubodeep from the Child Help Foundation visited the MBMC office to seek permission to conduct an IGP session in a BMC school. To obtain the necessary authorization, they approached the Education Officer at the MBMC office, who provided guidance on the process.

### • School Visitation for IGP

Ms Ria, Mr Anna Rao Sir, Mr Shubodeep, and Ms Priyanka Jadhav newly appointed coordinators for IGP had pitched together schools/colleges and corporate institutes for seeking permission for IGP to conduct the awareness sessions on female gendercide.

# Monthly Highlights

## SDG 5: Gender Equality

### • Schools visitation for IGP

In total, 120 Schools have been pitched by Priyanka, Shubodeep, Ria and Annarao for the month of August 2023. 19 school sessions have been conducted by Anna Rao and 4 schools by Ria Noronha. The schools where IGP sessions have been conducted are: Shivaji Vidyalaya, Swajan School Malwada, Aunde College(Women Development Cell), Shingada High School, Grammagal Education Centre, Kasturba Gandhi Balika Vidyalaya, Gangaram Bhadange Vidyalaya, Swami Vivekanand School, Swami Vivekanand College, Wockhard Foundation Parali College and Ashram School, Gargaon Ashram School, Amgaon Ashram School, Amgaon Ashram School, Vikramgad College Of Arts, Commerce and Science, Swami Vivekanand College, Dnyansadhna School, New English High School, Aspee Vidyalay and College, Sharda Vidyalaya and Kudus Education Society in Palghar and St.Catherines High School, Mahatma Gandhi Vidyalaya, Cardiff International School & Jr. College and Cosmos High School.

### Highlights of the Sessions:

- ♦ Management of certain schools were very supportive and appreciative of the fact that the topic session was highly important and the students were also maintaining strict discipline.
- ♦ New English High School-It was an English medium school but agreed to conduct a session in Marathi.
- ♦ Students were enlightened about a domain of society which no one talks about, so they attended the session with full concentration.
- ♦ Story of Change: St. Catherine's school had one of the teachers sharing that there was a case a year back wherein one girl was obliged to marry when she was in just her 10th STD. She was forced to marry against her will, and had to discontinue her studies. At that time she came down to the school seeking help from the teachers, requesting her to stop her family from getting married otherwise her husband would kill her. It seemed like she was under threat.
- ♦ Five girls had approached the trainer and shared 2 cases with the trainer:
- ♦ A girl who was just 13 years old had been forced to marry in her village as she was studying in 9th. She was about to go to 10th STD. But, unfortunately, her parents and relatives forced her to get married to an alcoholic husband. He would often mistreat her as he wasn't of stable mind. But, sadly she never got a chance to stand up for herself nor get to complete her education as desired.
- ♦ One more girl who was just 14 years of age was also forced into child marriage again to an alcoholic husband and is currently pregnant with a child. He too mistreats her, and her desire to study has been dropped. No one is there to support her, and neither anyone from her family is ready to stand by as a support system.



# Monthly Highlights

## SDG 6: WAS (Water & Sanitation)

### Water Purifier Installation at Chaukul School – Maharashtra

On 2 August 2023, Child Help Foundation demonstrated its commitment to supporting students by delivering a clean water purifier to Chaukul School in Maharashtra. Ms. Pranisha Lopes, a representative of the Child Help Foundation, visited the school to oversee the installation of these purifiers. This initiative aims to provide access to clean and safe drinking water for each child at Chaukul School, reflecting Child Help Foundation's dedication to improving the well-being of students.



## SDG 11,13 & 17: Humanitarian Relief

### Ration Kit Distribution – Victims of Cloud Burst in Jalgaon, Buldhana, Maharashtra

A lot of families from the district of Buldhana, Maharashtra were affected by the heavy rains in the months of July and August. Therefore on 15th August 2023, 100 Ration kits were distributed to the families affected. The activity was conducted by volunteers of the Child Help Foundation.



# Monthly Highlights

## SDG 11,13 & 17: Humanitarian Relief

### • Ration distribution at Libania Nirmal, Vasai, Maharashtra

On 9th August 2023, Ms Jyoti Kamble from the Child Help Foundation visited Vasai, Maharashtra for ration kit distribution for mentally challenged girls from Libania Niketan. There are 15 residents in the home. These destitute girls are from the age group between 5 and 15 years. The institution is always in need of support for feeding and other daily requirements. Lauren Infotech and Stepping Stone, along with the Child Help Foundation, extended their hand to support the institution. Sister-in-charge welcomed everyone and spoke about the home. Ms. Jyoti talked about the process of how Lauren approached and why the Child Help Foundation decided to choose Libania Niketan. Then the girls wanted to perform for the guests. They performed various dances. While sharing about the home sister also shared that one of the girls is doing a beautician course as she wants to become a beautician. Guests shared about how they felt and their experience after coming to this institute. Sister extended her gratitude to everyone for visiting the home and donating rations for the girls.



# Monthly Highlights

## SDG8&10: VILLAGE DEVELOPMENT PROJECT

### • Tree Plantation - Odisha

The team of Odisha visited the site along with the residents of the village for tree plantation. Each sapling was numbered and tagged. A grove of 200 Cashew trees was planted in Village-Gudijhar, Dist.-Ganjam, Odisha, on 12th August 2023. The tree plantation was organized in loving memory of Pradeep Padmanav Dandapat.



### • Village cleaning - Odisha

On the 14th & 27th of August, a Village cleaning activity was done by the 10-15 volunteers of Hemchandra Sanskrit Vidyalaya at the Village Sahapur, Odisha. Community and temple places were cleaned by volunteers and proper instruction was given to villagers to keep their areas clean and tidy. Through this activity, they learned to clean the premises of the village and also gave motivation to others.



# Monthly Highlights

## Other Activities:

### • Independence Day celebration at Head Office of Child Help Foundation

On 14th August 2023, the Child Help Foundation celebrated Independence Day at their Mira Road office with great enthusiasm and patriotic fervour. The event featured a variety of activities that brought together staff, for a memorable day. The festivities began with a spirited singing competition, where participants showcased their vocal talents by singing patriotic songs. Following the singing competition, an engaging quiz competition was held. This challenged participants' knowledge of India's history, freedom struggle, and other relevant topics. It was a fun and educational way to test their understanding of the significance of Independence Day. As the day progressed, prizes were distributed to the winners of both the singing and quiz competitions. This recognition added to the excitement and motivation of the participants. The climax of the event was the singing of the national anthem, where everyone came together to express their love and respect for the nation. It was a moving moment that reinforced the unity and patriotism of all attendees. To conclude the celebration on a delightful note, snacks were distributed to all attendees. This simple gesture of sharing food and camaraderie brought the event to a close, leaving everyone with cherished memories of a heart-warming Independence Day celebration at Child Help Foundation's Head office.



# Monthly Highlights

## Other Activities:

### • Meeting with MLA Manisha Tai – Dahisar, Maharashtra

On 19th August, 2023, Ms Shilpa Lokhande from Child Help Foundation met with MLA Manisha Tai Choudhary in Dahisar, Maharashtra. The meeting was scheduled to discuss the Sudhrudh Balak Competition and the distribution of baby sleeping bags. The MLA had invited Ms. Shilpa Lokhande for this important discussion, emphasizing the Child Help Foundation's involvement in these initiatives.



### • Women's Equality Day at Head Office

On 29th August, 2023, the Child Help Foundation celebrated Women's Equality Day at our Head Office. The employees were grouped into four teams to engage in various activities, like Dharamshala, Dog and the Bone, the Chain, "Blindfold and Put the Bindi." The event concluded with a gift exchange. This event not only celebrated Women's Equality but also fostered camaraderie and appreciation among the participants.



# Our Programs



2 ZERO HUNGER

3 GOOD HEALTH AND WELL-BEING



4 QUALITY EDUCATION



5 GENDER EQUALITY



6 CLEAN WATER AND SANITATION



8 DECENT WORK AND ECONOMIC GROWTH



11 SUSTAINABLE CITIES AND COMMUNITIES



10 REDUCED INEQUALITIES

13 CLIMATE ACTION



14 LIFE BELOW WATER



15 LIFE ON LAND



17 PARTNERSHIPS FOR THE GOALS



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