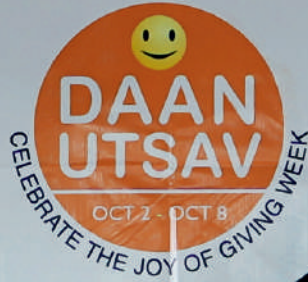


CHILD HELP FOUNDATION

October'22 Journal



Daan Utsav Celebration Celebrate the Joy of Giving Week

Mumbai Maharashtra



Head Office
Tel No: + (91)

www.childhelpfound

Road, Mumbai 401107.
childhelpfoundation.org

5050 | www.filaantro.

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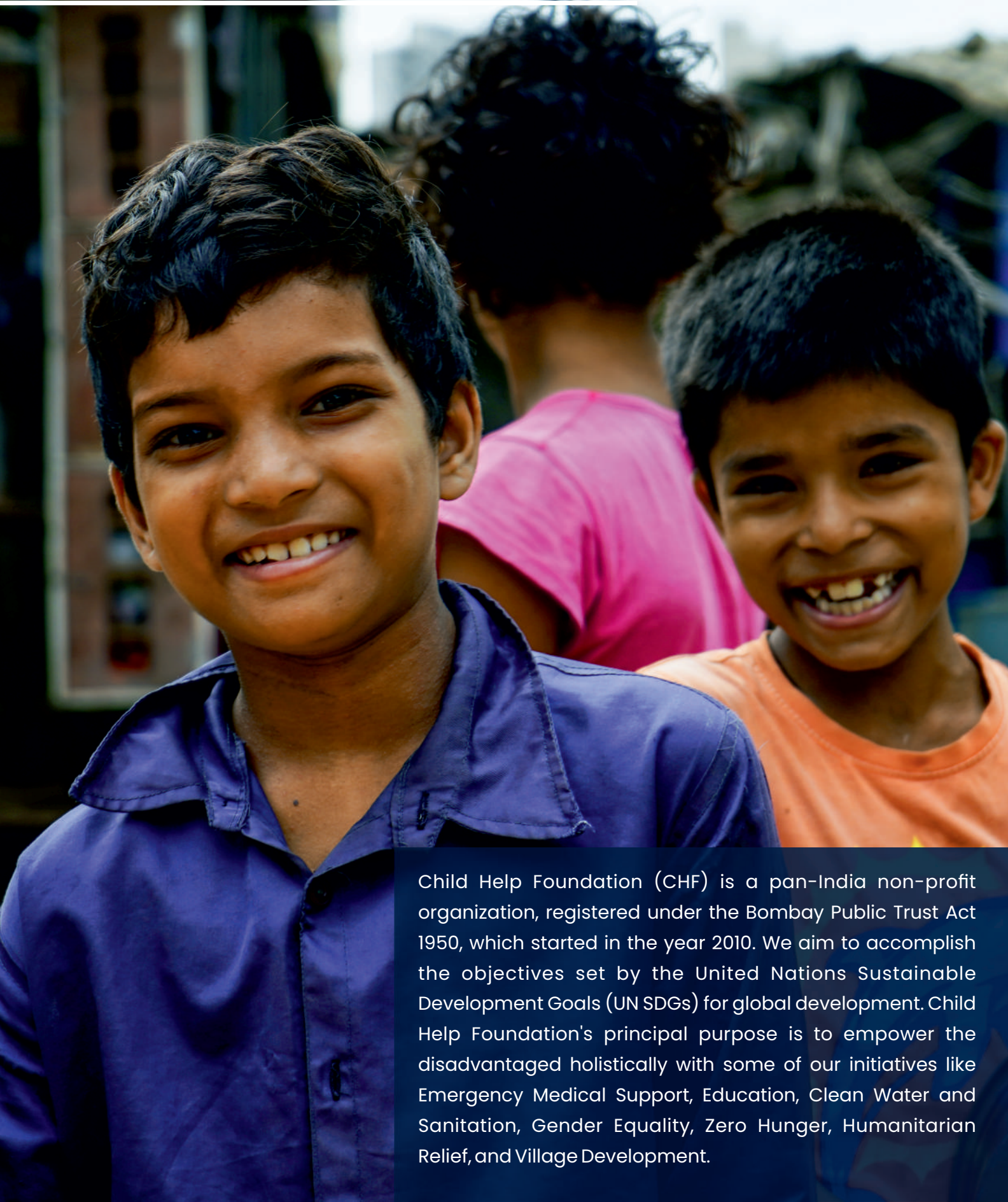


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Daan Utsav – Celebrating the Culture of Giving



About Us



Child Help Foundation (CHF) is a pan-India non-profit organization, registered under the Bombay Public Trust Act 1950, which started in the year 2010. We aim to accomplish the objectives set by the United Nations Sustainable Development Goals (UN SDGs) for global development. Child Help Foundation's principal purpose is to empower the disadvantaged holistically with some of our initiatives like Emergency Medical Support, Education, Clean Water and Sanitation, Gender Equality, Zero Hunger, Humanitarian Relief, and Village Development.

Daan Utsav





Daan Utsav - Celebrating the Culture of Giving



“Daan Utsav was previously known as The Joy of Giving Week. Daan Utsav is a "philanthropic festival" that is a part of the Indian ethos. It is celebrated every year around Gandhi Jayanti by engaging people through "acts of giving" - money, time, resources, and skills. People from all walks of life gather during this time to give back to the society that has been their support for so long. Through this festival, the spirit of community harmony is strengthened, and assistance is extended to those in need.

A giving event is as simple as a family inviting their family helper's children to an ice cream party, or as large as a 'Gift Compassion' event. Every year, over 10,000 schoolchildren from across India make and exchange gifts with their peers from various socioeconomic backgrounds. Millions of people participate in over 1,500 events in 200 cities across the country, raising several tens of crores in monetary and material donations and countless volunteer hours. Daan Utsav is a time when people from all walks of life come together to help those in need and make a big difference in their lives by performing small acts of kindness.

Child Help Foundation (CHF) has been an avid participant in the Daan Utsav for several years now. This year too, Child Help Foundation organized the Daan Utsav in Mumbai and the Northeastern regions of India. Last year in 2021, from 2nd to 8th October, CHF celebrated Daan Utsav and rightfully upheld the spirit of aid and compassion.

This year in 2022 Child Help Foundation, celebrated the giving week by distributing 200 stationery kits and items such as pen, pencils, and notebooks to children across Maharashtra. To promote sustainability, paper bags were distributed to local vendors and shopkeepers, these paper bags were made by children from Ashram Shala and local MBMC schools. Child Help Foundation also distributed Bananas and Jaggery to the cows in Hanuman Seva Trust, Malad. This act held a special meaning for us, because we also wanted to pay our respects towards animals on the occasion of World Animal Day on 4th October. Donating to the animals made us feel a sense of fulfilment, by which, we understood that no matter how far one comes in life, we should always be grateful towards each and every living being. In keeping up with the right spirit of humanity and compassion, volunteer workers of Child Help Foundation also fed food to the stray animals on the streets of towns and villages. The event was received well and stood firm on the ideals of our organization and the festival of Daan Utsav.

You can support us by spreading the word and following us on social media.

+

Emergency Medical Support



Juveria Shaikh
**High-Risk
Neuroblastoma**

Juveria Shaikh suffering from High-Risk Neuroblastoma needs your help

"My child is only 2 years old and the past 5 months have only been about her suffering. At first, she couldn't breathe and her stomach had swollen. We thought it was the usual stomach issues but it turned out to be a deadly illness. At Rela Hospital, we came to know about her diagnosis and that she required 8 levels of chemotherapy. The doctors asked us to immediately admit her because more delay would mean lesser chances of her survival. But we cannot find any way to arrange Rs. 12,00,000 for her treatment. We are very helpless."

Juveria Shaikh is a 2-year-old girl from Nellore, Andhra Pradesh. She is suffering from High-Risk Neuroblastoma. Her father Banu Jilani Shaikh is an electrician and her mother Nasrin Shaikh is a homemaker. High-Risk Neuroblastoma is the most common extracranial solid tumor found in children which is cancerous and requires immediate treatment. In addition to this, the patient also has to undergo radiation therapy and an autologous stem-cell transplant. The chances of survival in such a case reduces to 50% and can even deteriorate in case of delay. When Juveria could not get any relief from 5 months of treatment at Nellore, her parents took her to Rela Hospital in Chennai where she was diagnosed with High-Risk Neuroblastoma and the doctors proposed High dose chemotherapy followed by Stem Cell Rescue (Autologous BMT). The estimated cost is Rs. 12,00,000 (Rupees Twelve Lakhs only.) They have no savings as they earned enough only to feed themselves two square meals. In such scenarios, they have no resources to finance the treatment of their two-year-old Juveria.

"My husband is the sole bread-earner of our family of four. He hasn't gotten regular work for 3 months now. We struggle every day even to fulfill our basic needs. We find it very painful to see our little daughter in such conditions. Only your help can save her and bring her back home. Please help us!" – Mrs. Nasrin Shaikh (mother)

There are many more children who need urgent treatments, and your small contributions can make a huge difference. Donate!



Mounika
(13 years)
Spinal Defect



Baby Of Aparna
(3 months)
Respiratory Distress



Bhilal Sheikh
(14 years)
Accidental Injury



Kalayi Gari Aishya
(4 months)
Congenital Heart Disease

+

Emergency Medical Support



Arshan
(5 years)
Congenital Heart Disease



Bishu
(8 months)
Heart Defect



Baby of Sandhya Rani
(1 month)
Extreme Prematurity



Twins of Vihina
(2 months)
Extreme Prematurity



Vaishnavi More
(9 years)
Heart Defect



Zaid Shaikh
(2 months)
Rare Knee Deformity



Kruthvik
(3 years)
Congenital Heart Disease



Vihan
(3 years)
Rare Genetic Disorder



Lavanya Kuruva
(14 years)
Rare Genetic
Multisystem Disorder

Success Stories



Baby of Kadrunnisa

15-days-old baby of Mrs Kadrunnisa was diagnosed with Bronchitis. He was admitted to Queens Hospital, Mumbai. The doctors proposed NICU and oxygen support as a part of the treatment. The estimated cost of the treatment was Rs. 1,50,000/- (Rupees One Lakh Fifty Thousand Only). Kadrunnisa's husband is a daily wage labourer who only brings Rs. 150/- a day. Struggling to manage the unforeseen medical expenses, they reached out to Child Help Foundation for help. We verified the medical case and helped the family. The treatment was successfully carried out.



Snehitha Boda

Snehitha is a 12-year-old girl from Khammam district, Telangana. After complaints of severe stomach ache, she was diagnosed with end-stage Kidney Disease in March, 2022. The estimated cost of her kidney transplant was Rs. 15,00,000/- (Rupees Fifteen Lakhs Only).

Her mother was the donor. The help provided by the relatives was not sufficient for the incurring expenses. Hence, with further help of Child Help Foundation, the transplant was successfully completed and Snehitha was discharged from the hospital. She is now recovering and getting back to her normal life.



Ritanya De Sarkar

Ritanya De Sarkar is a 7-year-old girl from Kolkata. She started showing symptoms in September 2021, wherein she would have frequent fevers, headaches, muscle aches and stomach pain. After several blood tests, Ritanya was diagnosed with Blood Cancer. She was taken to Chennai's Christian Medical College (CMC) for her treatment. The doctors advised a Haploidentical stem cell transplant. The cost of the treatment was estimated to be Rs. 25,00,000/- (Rupees Twenty Five Lakhs Only). Her family approached Child Help Foundation for help and after successfully raising funds for Ritanya, her treatment took place. She is now discharged from the hospital.

Success Stories



Vivek Chauhan

7-years-old Vivek was suffering from Thalassemia Major. His parents consulted the doctors in Kokilaben Dhirubhai Ambani Hospital, Mumbai. Vivek needed to undergo Bone Marrow Transplant as a part of his treatment. The estimated cost of his treatment was Rs. 10,50,000/- (Rupees Ten Lakh Fifty Thousand Only.) Rani, his sister, was his donor. Vivek's father, Mr. Vijay Chauhan is a farmer and he could not manage to arrange such a huge amount of money. Child Help Foundation thus helped the family and his transplant was successful.



Samiksha Lachake

13-year-old Samiksha Lachake ran fevers frequently and suffered from skin issues. At a local hospital in Nashik, it was discovered that she is suffering from Thalassemia Major. After Samiksha's symptoms worsened, she was shifted to Kokilaben Dhirubhai Ambani Hospital, Mumbai, for advanced treatment. The doctors suggested a Bone Marrow Transplant. The estimated cost of which was Rs. 10,50,000/- (Rupees Ten Lakhs Fifty Thousand Only). Her brother Jay is her donor. Being from a weaker financial background, the family could not afford the treatment. Child Help Foundation extended its support for Samiksha's transplant and recovery.



Shubham Solnkar

Shubham Solnkar hails from Solapur, Maharashtra. He had a complex heart defect. He could not even live his daily life without pain as he was growing weaker everyday. The doctors at the Balaji Heart and Diagnostic Centre, Mumbai advised Intracardiac repair of VSD Closure as a part of his treatment. The estimated cost of the surgery was Rs. 2,50,000/- (Rupees Two Lakhs Fifty Thousand Only). Shubham's father works in a farm and it was impossible for him to source the money for his son. He turned to Child Help Foundation for help and the required amount was raised for Shubham. He is now recovering from his sickness.

Success Stories



Ansamol Anas

Ansamol Anas is a 12-year-old daughter of Mr. Muhammed Anas and Mrs. Ajmy Anas from Idukki, Kerala. After she complained about numbness in her back, she was taken to the hospital for tests and was diagnosed with Adolescent Idiopathic Scoliosis (a type of spinal deformity that causes the curvature of the spine). The doctors at the Medical Trust College advised a Spine Correction Surgery, the estimated cost of which was Rs.7,00,000/- (Rupees Seven Lakhs only). Her father is an Autorickshaw-driver and could not arrange money for a costly medical treatment. Child Help Foundation helped the family and Ansamol is now on the path to recovery.



Brinda Bhan

Brinda was only 1 year old when she started falling sick with severe cold and cough. Worried, her father took her to the hospital, and they discovered that Brinda was suffering from a rare complex heart defect. The doctors prescribed surgery for PDA device Closure. Mr. Babru Bhan is a single father who earns a meagre amount to support his children and his ailing parents. He could not get his daughter operated because of financial restraints. The estimated cost of the surgery was Rs.3,70,000/- (Rupees Three Lakh Seventy Thousand Only). Child Help Foundation verified the medical case and helped Mr. Bhan for his daughter's surgery. Brinda is now treated and being taken care of.



Avanthika

Avanthika was diagnosed with Congenital Scoliosis (a rare spinal deformity) since birth. The doctors had informed the parents that she will need a deformity correction procedure when she grows up. But her condition worsened by the time she turned five. The doctors at Bhagwan Mahaveer Jain Hospital, Bengaluru suggested urgent treatment (Deformity Correction and Vertebral Column Resection and Fusion) for Avanthika. The estimated cost was Rs. 5,00,000/- (Rupees Five Lakhs Only). Her parents work on a farm to manage the family. However, the medical costs were too expensive for them. They asked Child Help Foundation for help. After successfully raising funds, the treatment took place and Avanthika is now doing well.

Success Stories



Parvesh Khan

Four-year-old Parvesh Khan from Uttar Pradesh was suffering from a complex heart defect called Cyanotic CHD. He struggled to breathe and felt intense pain in the chest. When his condition worsened, he was taken to Paras Hospital, Gurugram where the doctors suggested a heart surgery named TOF Repair with VSD Closure. The estimated cost of the surgery was Rs. 4,00,000/- (Rupees Four Lakhs Only). When the parents could not arrange funds for Parvesh's treatment, they contacted Child Help Foundation for help. Later, Parvesh's surgery was successfully done and he is now discharged from the hospital.



Abhishek Khate

Abhishek Khate is a 2-year-old boy from Parbhani, Maharashtra. He had a lot of pain and suffered from frequent and painful urination. Abhishek suffered from Hypospadias, a congenital disease in males in which the opening of the urethra is on the underside of the penis. The doctors had proposed an urgent Re-do of single-stage Hypospadias. The estimated cost of the treatment was Rs. 2,60,000/- (Rupees Two Lakh Sixty Thousand Only). After one unsuccessful surgery, his parents had no money left for further treatment. Child Help Foundation extended its support to Abhishek's family so that he can be treated. Abhishek is now doing well.



Vaishnavi More

Vaishnavi More is a 9-year-old daughter of Mr. Saikram and Mrs. Kamal from Maharashtra. She had a congenital heart disease. She was diagnosed with Large secundum ASD with deficient rim (a condition with an irregular blood flow in the heart). The doctors referred Vaishnavi to Balaji Heart and Diagnostic Center, Mumbai, where the estimated operation fee was Rs. 2,50,000/- (Rupees Two Lakh Fifty Thousand Only). The family needed help to save their elder daughter. So, Child Help Foundation raised funds for Vaishnavi. She is now operated and is on her path to recovery.

Success Stories



Nesriya

6-year-old Nesriya from Kerala was diagnosed with Hb E Beta Thalassemia Major in 2021. Since the parents were unable to provide for her proper treatment, she had been suffering with severe symptoms for a year. The doctors at Aster Medcity Hospital advised a Haploidentical Stem Cell Transplant. The estimated cost of the treatment was Rs. 16,75,000/- (Rupees Sixteen Lakhs Seventy-Five Thousand Only). They found a donor for the patient through a healthcare organization but were unable to arrange funds. Child Help Foundation thus came forward to provide help. The transplant was successful and Nesriya is now discharged from the hospital.



Payal Raju Madane

Payal Raju Madane is the 11-year-old daughter of Mr. Raju Madane and Mrs. Varsha Madane. Payal had always been underweight and her immunity was very weak. At a local hospital, it was found out that she had a heart defect. For further intervention, she was taken to Balaji Heart and Diagnostic Centre in Mumbai, Maharashtra. The doctors prescribed an ICR of VSD with DCRV operation for Payal. The estimated cost was Rs. 3,30,000/- (Rupees Three Lakhs Thirty Thousand only). When the parents found them in this helpless situation, they contacted Child Help Foundation for help. Our team raised funds for her treatment. After which, it was successfully undertaken.

Why is Mental Health Management important to your Well-Being?

Our world is on the verge of being more mentally unstable than ever. With years of ignorance of mental health concerns, India is possibly facing a mental health epidemic.

The theme for World Mental Health Day, 2022 is "Make Mental Health and well-being for all a global priority." The Child Help Foundation strives by the word that Mental Health is at the core of our survival and security. It does not end at acknowledging that mental illness exists but goes beyond to resolve and realize that we may also be one of them. Thus, sensitivity and active work toward healing is the priority.

It is important to bring to the fore the mental health concerns that are common among us and not yet worked upon. Anxiety, Stress, and Eating Disorders are not just problems, they are inherently affecting our mental stability, productivity, relationships, parenting, and physical health.

Statistically, India has one of the highest prevalences of mental illnesses globally. Marking the tentatively reported cases, 56 million Indians suffer from depression and 38 million suffer from an anxiety disorder. Quoting the successful suicidal rates, every year about 200000 Indians take their lives.

As per the current trends, children are more at risk of carrying mental health illnesses because of the baggage of years of denial. We find children, adolescents, and young adults dealing with unstable home environments, violence and abuse in close relationships, scarcity of resources to seek help, financial distress, and insecure parenting. Evidently, these are the surface-level problems that can be tracked to actively work upon from a mental health provider's point of view.

Five ways to enhance your mental health management:

Identify and associate with what you are going through:

We have been brought up in a culture where it is very common to disregard our emotional needs and suppress them deep down in order to fit in. However, it does not go well in the long run as it spills out either in our work life in the form of stagnation or in our relationships in the form of abuse. Thus, to healthily deal with issues, it's important to be in touch and aware of our feelings and the causes of our suffering.

Enable Communication among each other:

The feeling of belonging to a group or a family comes from conversation and communication. We often catch ourselves talking about a lot of things other than the real problem that concerns us. Practice communicating about yourself in your closed circles to stay in touch with your personal issues and behaviors.

Share emotions with your loved ones:

As humans, most of us go through similar feelings in our day-to-day living and those in major life transitions. With restricted and unshared lives with our parents, family, and friends, we are more likely to feel alone and left out amidst our suffering. Thus, sharing life in its raw form will ease the process of making it through difficult situations.

Prioritize your needs and self-care:

One's mental health can be aided by serving one's own needs and inculcating self-care habits. In a collectivistic culture, we are often wired to prioritize others' demands over significant concerns. It traps us into a loop of unfulfilled expectations and puts us under immense stress and pressure to find fulfillment in the wrong places. It is recommended that we indulge in 1 hour of self-care activity by prioritizing to fulfill our mental and emotional needs.

Seek affordable therapy:

Mental health awareness has been on the peak of its rise in the past few years. It is important to note that an individual is equipped to feel their suffering but not to recognize the concern. In the plight of living in a strenuous and hustled environment, one should always seek therapy to be able to manage their mental well-being. It eliminates the risk of suppressed traumas and spills over physical health issues.

Listed here are some of the organizations that provide affordable therapy:

Mind Peers <https://mindpeers.co/>

Manntalks <https://www.manntalks.org/>

Elixir <https://www.elixirhelps.in/>

Our health goals cannot be met without considering the parameters of mental stability. In the absence of the right directives and knowledge, we tend to fall back upon unhealthy patterns of destructive behaviors. Thus, it's unarguably necessary to cater to the importance of its impact on individual and social living and create a healthy space for all of us.

Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

Inauguration of Baby Feeding Center at J. J. Hospital :

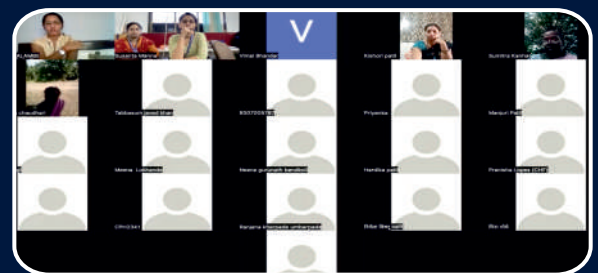
The inauguration of the Baby Feeding Center at Sir J.J. Hospital was done on 11th October 2022. Ms. Pallavi Saple(Dean) and other Officials of the hospital were present during the inaugural function.



A Role play to promote and create awareness about Baby Feeding and Baby Feeding Center was organized by SID Art Team. It was sponsored by Alkem Foundation. Representatives of Alkem, Mr. Ashok Priyadarshi-VP HR & CSR, Rajesh Kumar-DGM CSR, Abhishek Pachori-Executive attended the inauguration ceremony.

World Mental Health Day Celebration

On 10th October 2022 Child Help Foundation organized an online workshop to address the prevalence of suicidal ideation and behavioural concerns among adolescents. Ms. Saloni Kalambe (Clinical Psychologist and CBT REBT Practitioner) covered the psychological aspects of mental wellbeing. It included the understanding of what comes under psychological illness and what doesn't. The trainees were educated about the importance of mental health in the growing stage of adolescents and about the key indicators and symptoms of disorders. Various steps to initiate communication and inculcate therapeutic intervention were also shared. The resource person also spoke about de-stigmatizing sexual attraction and mental health issues in order to promote acceptance and build trust among each other in the community. Lastly, helpline numbers were given to the workers to reach out to in case of emergencies.



Ms. Priyanka Rawlani (Expressive Arts Therapist) introduced the therapeutic techniques that enables relationship building and group cohesion to overcome mental health difficulties. She spoke about the importance of using Art, Music, Dance, Skit and Other activities to express oneself. The use of breathing techniques, movement to regulate bodily stress and release tension were taught. Ms. Rawlani introduced them to games that can initiate conversation. She also listed out positive affirmations to bring about changes in thoughts and feelings of a person.

Monthly Highlights

SDG3: GOOD HEALTH AND WELLBEING

• Visit to Baby Feeding Centre

On 17th October 2022, Ms. Neha Y. Singh, our Project Team Member, visited J. J. Hospital and Cama and Alless Hospital, Mumbai, Maharashtra to see the construction of the Baby Feeding Center. The Construction of the booth has been completed. Inspection of windows and locks was done under Neha's supervision as per the corrective action suggested by the management.

• Visit to Baby Feeding Centre

On 30th October 2022, Mr. Ninain (Resource Mobilization Manager & Kerala Medical in Charge) visited the Baby Feeding Centers at Lakeshore Hospital, Chottanikkara Temple and General Hospital in Kochi, Kerala. As per the feedback received from our beneficiaries, the Baby Feeding Center has been useful and helpful for them. The main motive to avail a private space for mothers for feeding their children is being served well.

According to Mr. Ninain, the current status of beneficiaries regarding the utilization of BFC is mentioned below:

- Chottanikkara Temple's BFC average use per day has increased to 52
- Lakeshore Hospital's BFC average use per day is 13
- General Hospital, Ernakulum's BFC average use per day is 9



On 20th October 2022, Ms. Sandra D'Souza, Project Team Member visited the Baby Feeding Centers in Kalyan and Kurla in Maharashtra. It was observed that:

- Kalyan Baby Feeding Center was kept clean.
- There is a window glass repair work at Kurla Baby Feeding Center.

Monthly Highlights

SDG4: EDUCATION

• Education Support to 4 Students (2nd Instalment) – Rehan Shaikh, Sharon Awale, Nitya Kamble and Kavyansh Taywade

Education Scholarship Aid (2nd Instalment) was given to students named Rehan Shaikh, Sharon Awale, Nitya Kamble, and Kavyansh Taywade in the month of October 2022. The aim behind such support is to ensure a good future for the kids by helping them financially. Child Help Foundation supports school going children who are financially backward but have many dreams to achieve. The parents of the students were very happy to receive the support from the Child Help Foundation. The amount rendered by the Child Help Foundation for the month of October 2022 was Rs. 15,228 /-



• Capacity Building Workshop in Schools, Dimapur, Nagaland

In the month of October 2022 workshop on Capacity Building was organised by Child help Foundation in two schools by our coordinator Yashika at Dimapur branch, Nagaland. The activities carried out were Parent Teacher Meeting, Outdoor Activities related to learning words and identification, Movie Show and Games like Straw with Rubber and Jump Left-Jump Right.



Monthly Highlights



SDG6: WATER AND SANITATION (WAS)

• Handover and Installation of Water Filters

Child Help Foundation handed over a Water Filter to Mahuli Government Upper Primary School, in the Dhenkanal district of Odisha on 13th October 2022. The objective of providing Water Filters to Schools is to provide clean water to the School Children to ensure good health and life. Clean water is very important for children as they are prone to getting

infected and facing health issues. Water Filter was provided so that the children have access to pure water and their absenteeism as a result of falling sick decreases.

SDG2: ZERO HUNGER

• Roti Ghar

Child Help Foundation in collaboration with Roti Ghar provided cooked food to 1800 children in Mumbai, Delhi, Bangalore, Odisha, and Hyderabad. Our main aim is to provide food to the underprivileged children and meet their hunger needs. Providing nourishing meals takes care of their health and makes them aware of the importance of healthy food and regular meals.

Through our Zero Hunger Initiative, we are attempting to work in a way that no child remains hungry in the country.



SDG5: GENDER EQUALITY

• Skill Development Training-Lantern Making

On 13th and 14th October 2022, the Child Help Foundation with the help of India Info Line Foundation organized Skill Development Training on Lantern Making. The Resource Person Mrs. Meenakshi Jagtap (Trainer in Fashion Designing) taught lantern making with the use of Cloth and Canvas. Ms. Jagtap belongs to Sahyadri Bahuuddeshiya Mahila Sanstha, Nashik.



The training included making large-size and small-size lanterns in various patterns. Simple techniques and measurement taking were taught by the resource person so that the beneficiaries can easily prepare them from their homes itself. A total of 25 women attended the training and they crafted 9 large-size and 21 small-size lanterns. As per their feedback, they liked the training because they can now easily work from their homes.

Monthly Highlights

Other Activities:

Daan Utsav, The Festival of Giving :



• Paper Bag Distribution

On 2nd October 2022, the Project Team Members distributed paper bags to shop owners, street vendors, and people who can use the bags in their daily lives as an alternative to single-use plastic bags. This activity was conducted in Mira Road, Maharashtra. Child Help Foundation team members noticed that by actually taking a step forward and distributing hand-made paper bags to people who

will make use of it, we were changing some mindsets. The program had a great impact on the passersby and it was highly appreciated by them. Some people and shopkeepers gave written feedback and appreciation.

• Daan Utsav and World Animal Day

On the 4th October 2022 (occasion of World Animal Day and Daan Utsav), Project Team Members and Volunteers of Child Help Foundation donated Bananas and Jaggery to Cows in Hanuman Seva Trust, Malad (East), Mumbai, Maharashtra. As per the feedback of the receiving team, the activity was good.



• Stationery Kit Distribution to Cobbler Community Children

Child Help Foundation and crowdfunding platform Filantro, distributed stationery kits to 200 Children of Cobbler Community in Mumbai, Maharashtra on 4th October 2022. The event was led by Ms. Neha Y. Singh, Project Team Member. Notebooks, Pen, Pencil, Eraser etc were distributed to the students during the event. The reason behind donating stationery kits to the children is to provide them with tools and accessories that make education accessible and enjoyable for them.

Monthly Highlights

Other Activities:



• Ration Distribution

On 4th October 2022, Child Help Foundation donated Ration Kits to support Shelter Home students. This is a de-addiction centre and rehabilitation home for children without families. This Shelter Home is located at Saphale, District- Palghar, Maharashtra.

The Ration Kit included groceries like rice, wheat, grams, spices, oil, soyabean, peanuts etc.



Lunch for the volunteers of the Child Help Foundation was provided by the organization. At the end of the activities, wooden key chains were given as a token of appreciation to the participating volunteers.

• Stationery Distribution

To celebrate India's culture of giving, Child Help Foundation along with the crowd funding partner Filaantro, distributed stationery kits to 100 Children in Shree Gaurishankar Kedia English School in Andheri (W), Mumbai, Maharashtra on 7th October 2022. The event was led by project team member Ms. Neha Y. Singh. Notebooks, Pen, Pencil, Eraser etc were distributed to the students during the event. The reason behind donating stationery kits to the children is to provide them with tools and accessories that make education accessible and enjoyable for them.



Monthly Highlights

Other Activities:



• Activity with CHF Supported Patients - below 18 Years

On 8th October 2022, Child Help Foundation visited the Paediatric patients who had been given Medical Support. The aim was to pay a visit, look after their health and also give a Token of Love from our end. Our gift hamper included a Mug, CHF Merchandise, Fruits, and a Chocolate. The visit was carried out in Maharashtra, Kerala, Hyderabad, Bengaluru and Bihar.

• Donated Mats to Murbad Ashram School and Essential Stationery to Nandini Ankush Khadke

On 8th October 2022, Child Help Foundation donated 4 Big Size Mats for 1st to 5th standard students of Murbad Ashram School, Palghar, Maharashtra. Earlier, the students used to sit on the floor in their classrooms. Donating mats would make sure that the students can sit comfortably in class.

The Child Help Foundation team visited Nandini Ankush Khadke, student of Murbad Ashram School in Shegatpada, Wangarje village to provide educational materials and other essential items. It included notebooks, pencils, erasers, uniforms and raincoats, footwear, night dresses etc. With the educational support, Nandini continues her education and aims to become a doctor.



Monthly Highlights

Other Activities:

• Training on Social Impact

On 6th October 2022 Ms. Ananya Prabhalvalkar (lecturer from NMIMS), conducted a workshop on the concept of Social Impact Assessment at the Head Office of Child Help Foundation. Team members from the Digital Department of Child Help Foundation, Ms. Meena Lokhande (Head of Resource Mobilization), Project Team Members, and Ms. Larissa (CSR Team Member) attended the workshop.



The following points were covered in the workshop:

Understanding the concept of Social Impact Assessment, the difference between social outcome, impact and value in terms of qualitative and quantitative impact.

The need for Social Impact Assessment included the underlying reasons for implementing a particular project (rationale), the forecasted impact, and identifying adverse impacts (positive and negative impact of our projects).

The implementation of the assessment process in the current and future projects of the organization.

An activity was conducted to practically apply the theoretical stages for impact assessment.

Building smart objectives for a project and the importance of creating measurable time-bound objectives.

Factors that influence Social Impact, the mandatory study of an area where Social Impact Assessment is being undertaken was highlighted and the various influencing factors were discussed.



Monthly Highlights

Other Activities:

• Diwali Celebration

On 22nd October 2022, Diwali Festival was celebrated among the office members. Lunch was organized for all the staff. After lunch, Diwali Gifts and Sweets were exchanged.



• Certificate of Appreciation

Swacchata Drive was organized by MBMC in Collaboration with Child Help Foundation in the last week of October. It was a 1-week programme where Awareness about Cleanliness was spread and Waste Management Sessions were conducted for the people. Post a successful event, Child Help Foundation presented the Activity Report and Appreciation Certificate to Ms. Geeta Jain (Member of Maharashtra Legislative Assembly) and MBMC officials Mr. Dilip Dhole (Commissioner), Mr. Anil Rathore, and Mr. Ravi Pawar, Mr. Ashwin Gohotre, Mr. Akshay Dhabale, Mr. Aniket Manorkar, Mr. Maruti Gaikwad, Mr. Sambhaji Panpatte. Mr. Sanjay Shine, Mr. Deepak Khambit, Mr. Sachin Bachhaw and Mr. Sachin Supugade for extending their support to us.

• Diwali Exhibition

Child Help Foundation Team at Thane, Maharashtra had set up an exhibition stall for the Diwali Festival. Lanterns made by the women of the Gulabi Gaon, Nashik under the Skill Development Training were put on display. 20 people visited the Exhibition. 8 small-size lanterns out of 20 were sold for Rs. 99 each. A total of 3 out of 9 large size lanterns were sold for Rs. 499 each. A total of 38 out of 43 Diyas were sold for Rs. 99 each.



Events



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Bringing Smiles



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Head Office : 403/404, 4th Floor, Sai Arpan Bldg., Mira Road (E), Mumbai - 401107
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