

CHILD HELP FOUNDATION

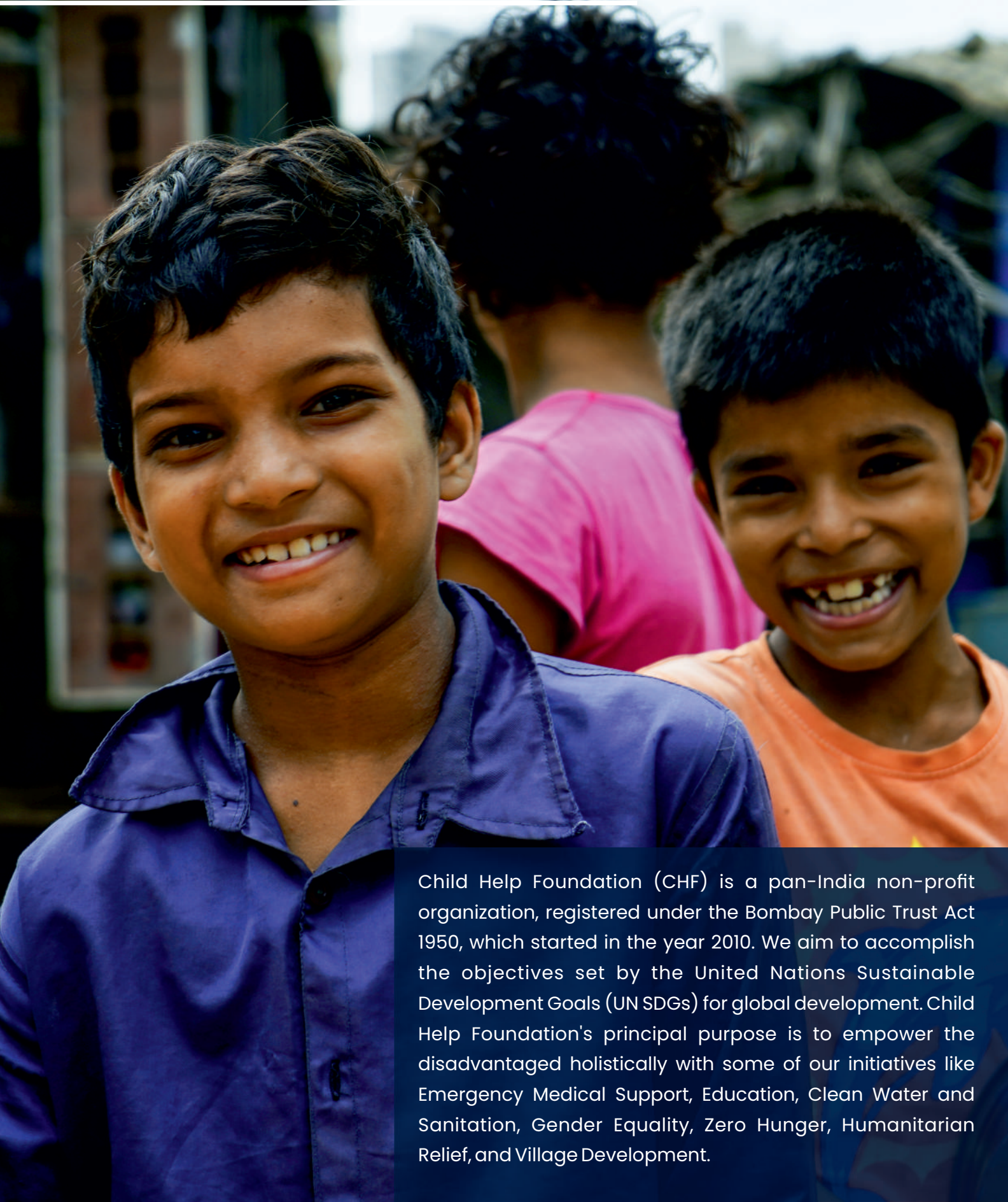
July'22 Journal

India and its Culture of Giving

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About Us



Child Help Foundation (CHF) is a pan-India non-profit organization, registered under the Bombay Public Trust Act 1950, which started in the year 2010. We aim to accomplish the objectives set by the United Nations Sustainable Development Goals (UN SDGs) for global development. Child Help Foundation's principal purpose is to empower the disadvantaged holistically with some of our initiatives like Emergency Medical Support, Education, Clean Water and Sanitation, Gender Equality, Zero Hunger, Humanitarian Relief, and Village Development.

Saluting The Silent Heros





Zero Hunger: A Fight Against Malnutrition

India is home to 46.6 million stunted children, a third of the world's total, as per the Global Nutrition Report 2018. This means these children have not developed to their full potential due to a lack of proper nutrition. In India, nearly half of all under-5 child mortality is caused mainly due to malnutrition in children. All forms of malnutrition are associated with various forms of ill health and higher mortality levels. Undernutrition explains around 45% of deaths among children under 5, mainly in low and middle-income countries.

Malnutrition is a social problem that does not occur alone. It accompanies poverty, disturbed family structure, ignorance, and despair. The leading causes of malnutrition in India include inappropriate dietary choices, a low income, difficulty obtaining food, and various physical and mental health conditions. The effects of malnutrition in early childhood can be devastating and permanent.

It is estimated that nearly 690 million people go hungry each day, which is 8.9 percent of the world's population. In light of the pandemic caused by COVID-19, even the populations of the developed countries have been facing problems regarding the hunger—a growing matter. Child Help Foundation (CHF) is fighting against the causes and effects of malnutrition by providing nutritious warm meals to underprivileged children. Starvation is one of the biggest reasons for death in children.

To take action for this cause, the Child Help Foundation has started the Zero hunger initiative, under which we provide warm, nutritious meals to 1800 underprivileged children daily.

Through our Zero Hunger program, people are working tirelessly to feed children from poor and disadvantaged backgrounds and provide them with the nutrition they need. We offer warm, nutritious meals to underprivileged kids every day in different locations across India, including Thane, Mumbai, Delhi, Hyderabad, and Bengaluru. In the last three and a half years of this program, 50 percent of these beneficiaries have seen an improvement in their health, and 70 percent of them have resumed going back to school. To accomplish the UN's Sustainable Development Goal, SDG-2, which aims to end all forms of hunger and malnutrition by 2030, Child Help Foundation wants to ensure that no child dies of starvation and malnutrition.

Your support would mean a lot. Come forward and help us spread the joy among the neediest of our fellow citizens. Let us unite against the many social evils that are making people's lives difficult. Together we can!

**Donate Now,
So That No Child Ever Goes To Sleep On An Empty Stomach**

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Emergency Medical Support

10-year-old Gourav Needs Urgent Surgery!



Gourav Rao
Liver Transplant

Gourav Rao, from Madhya Pradesh, was diagnosed with Biliary Atresia, a liver disease when he was just two months old. He wouldn't eat regularly and had to take medicines even before he could eat baby food. He underwent surgery, and the doctors at the local hospital where he was being treated, informed his parents that he would need another surgery when he grew older. He started living a difficult life full of hospital visits and medicines. He constantly complained about stomach and chest aches. His parents, helpless because of financial constraints, couldn't do much except to take him to local hospitals, where he was provided with primary treatment. In 2022, his condition worsened. He was immediately rushed to the hospital when he vomited blood and fainted. The doctors recommended taking him to Rela Hospital, Chennai, for advanced treatment.

The doctors at Rela hospital have suggested an urgent liver transplant for Gourav. The estimated cost is Rs. 22,50,000/- (Rupees Twenty Two Lakhs Fifty Thousand Only). With time, medical bills and treatments have exhausted the Kamle family's savings. Please support them in these miserable times.

"My son has been struggling since his birth. Instead of going out playing and learning new things, he is bedridden most of the time. I work at a footwear shop and earn a minimum income of just Rs. 8,000/- monthly. This minimal income is not enough to suffice even the basic needs of a family of four. If it were in my hands, I would take away all my son's pain and give him a normal childhood. I want to save my son, and I need your support. Please Help Me!" Arun Kamle (Father)

Please Donate And save Gourav's Life!

There are more children who need urgent treatments and your small contributions can make a very large difference. Donate!



Tejesh (11 years)
Liver Transplant



Soham Dhage (11 years)
Heart Defect



Akshaya (13 years)
**Congenital
Kyphoscoliosis**



Crespo Robert (13 years)
Spinal Deformity



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Emergency Medical Support



Baby of Soni
Congenital Heart Disease



Andriya (9 Months)
Multisutural Craniosynostosis



Zakia (14 years)
Heart Defect



Baby of Harshada
Prematurity



Aneeta Roy (14 years)
Cancer



Juned Shaikh (15 years)
Heart Defect



Aditya Raut (13 years)
Liver Transplant



Varshith Reddy (5 years)
Severe Aplastic Anemia



Baby of Shirisha
Prematurity



Smarnika Ligade (5 years)
Heart Defect

Success Stories



The twin baby girls of Mrs Drisya and Mr Abhilash were born in the 32nd week of pregnancy (7.5 months). They suffered from extreme prematurity, low birth weight and respiratory distress syndrome. Mrs Drisya underwent complications in her pregnancy due to which her twin babies were delivered prematurely. Both the babies weighed 1,270 grams and required NICU stay to develop healthily. The treatment was carried out at Star Care Hospital, Kerala. The estimated cost of their treatment was Rs. 5,00,000/- for each baby, meaning Rs. 10,00,000/- for them both. But since Mr Abhilash is the sole breadwinner and earns only Rs. 4,000/- per month by working as an autorickshaw driver. They reached out to the Child Help Foundation for financial support and the baby girls were discharged on 2nd July 2022.



Twin Girls of Drisya



Shivadarshini

Shivadarshini, a six-year-old girl from Chamrajnagar, Karnataka suffered from a spinal deformity. But her parents became worried when after 1.5 years of her birth, Shivadarshini couldn't sit or walk properly. Her body seemed to be shifted on one side. After a few check-ups, it was found that she is diagnosed with Congenital Thoracolumbar Scoliosis (a sideways curvature of the spine that is caused by a defect that was present at birth). The doctors suggested vertebral column resection, deformity correction, and fusion as a part of her treatment. The estimated cost of Shivadarshini's treatment was ₹ 5,00,000/- (Rupees Five Lakhs Only). This was beyond the family's financial capabilities and they reached out to Child Help Foundation for support and Shivadarshini's surgery was successful. Little Shivadarshini was discharged on 2nd July 2022.

Success Stories



Triplets of Lijy

Mr. Chacko Mathew and Mrs. Lijy Raju who hail from Thiruvalla, Kerala were excited to become new parents and were living in a very blissful state. After a sonography test, Mrs. Lijy found out that they were expecting triplets. The doctor told them that they needed to urgently deliver the babies and that they would be premature. The couple became parents to triplets, 2 baby boys and 1 little girl, who at 12 days old were kept in NICU. The babies were born 31 weeks into the pregnancy through C-section surgery. The triplets suffered from RDS, Culture Positive Neonatal Sepsis, and are currently on B CPAP support and IV drips. The estimated cost of their treatment was Rs. 4,00,000/- (Rupees Four Lakhs Only). The family was in distress because they couldn't afford the treatment and they reached out to Child Help Foundation. The triplets were kept in their NICU Stay and their treatment was successful, they were discharged on 4th July 2022.



Saisha

Saisha Shinde is the six-year-old daughter of Mr. Ankush Shinde and Mrs. Kirti Shinde from Pune, Maharashtra. The final sonography report discovered that the baby was suffering from Tricuspid Atresia, a heart defect. Because of her heart defect, she was kept under observation. When she turned four, her parents noticed that Saisha's skin turned blue, and she struggled to breathe often. Her parents took her to a hospital and she went through her first surgery. Because her body was too weak to handle a major surgery all at once, this surgery only fixed half of her heart defect. Saisha continued to have breathing problems after that and now her condition has worsened. She needed to undergo TCPC surgery (Total Cavopulmonary Connection) as a continuation of the previous treatment. The estimated cost of the treatment was ₹ 4,00,000/- (Rupees Four Lakhs Only). This amount was beyond Mr. and Mrs Shinde's financial capabilities. They were provided financial support from Child Help Foundation for Saisha's surgery. The surgery was successful and she got discharged on 7th July 2022.

Success Stories



Yash

Yash Langade, a 14-year-old boy from Solapur, Maharashtra suffered from Ventricular Septal Defect (VSD) with severe Right Ventricular Outflow Tract (RVOT) Obstruction (a complex heart defect).

Yash is the third child of Mr. Babaso Langade and Mrs. Sarika Langade. When Yash was three-months-old, he suffered from constant fevers, colds, and coughs for which he was under continuous medication. His parents took him to a local hospital where his heart defect was diagnosed. Doctors advised that he undergo heart surgery after a few years because he was very young. As his condition worsened doctors told him that, he needs to undergo an urgent Intracardiac Repair of VSD with RVOT obstruction Surgery. The estimated cost of the surgery was Rs. 3,30,000/- (Rupees Three Lakhs Thirty Thousand Only). Because his family could not afford to pay for the treatment they were provided financial support from Child Help Foundation. Yash's surgery was successful and he was discharged on 7th July 2022.



Bilvika

Bilvika is the younger daughter of Mr Giribabu and Mrs. Yamuna. She is 1 year and 11 months old and suffered from a complicated congenital heart defect. Three days after her birth, her heart defect was detected. This was when the country was under the first lockdown due to COVID-19. The doctors had suggested that Bilvika undergo a Primum atrial septal defect disclosure treatment along with a cleft repair procedure. The estimated cost of this treatment was Rs. 5,00,000/- (Rupees Five Lakhs Only). The travelling and COVID-19 phase exhausted all of their savings. They reached out to Child Help Foundation for financial support and Bilvika's surgery was successful and she was discharged on 11th July 2022.

Success Stories



Twins of Farsana

The twins of Farsana suffered from extreme prematurity because they were born in the sixth month of pregnancy (26 weeks). The family hails from Malappuram, Kerala. The twins, a boy and a girl suffered from various conditions like Respiratory Distress Syndrome, Bronchopulmonary Dysplasia. Additionally, one of them suffers from Grade IV Intraventricular Haemorrhage on the right side, and the other one suffers from Bilateral Grade II germinal matrix haemorrhage. Their treatment was being carried out at Iqraa Hospital, Kozhikode, Kerala. The doctors had suggested treatment including CPAP IV antibiotics and supportive medications for one baby, and HFNC O2 and supportive medications for the other. The babies were in NICU and required a month-long stay to get better. The estimated cost of the treatment was Rs. 4,00,000/- (Rupees Four Lakhs Only). But unfortunately, the family was unable to get the funds for their treatment and reached out to the Child Help Foundation and they could get the treatment needed. But unfortunately, the baby boy of Mrs. Farsana passed away due to complications but was survived by her sister and she was discharged on the 19th of July 2022.



Ayaan

Ayaan is a four-year-four months-old son of Mr. Rajesh Vishwakarma and Mrs. Kumud Vishwakarma from Varanasi, Uttar Pradesh. The parents were ecstatic over the birth of their little boy, but their happiness was short-lived when Ayaan started falling sick. The parents took him to Sir Sunderlal Hospital (Banaras Hindu University), Uttar Pradesh after he suffered from extreme cough and cold prolonging a month. After running the medical tests, he was diagnosed with Tricuspid Atresia which is a type of congenital heart disease. The doctors in Varanasi advised the parents that Ayaan would get better treatment in Chennai, Tamil Nadu. He was admitted to MIOT International Hospital in Chennai and the doctors advised him to undergo complex Fontan Completion Surgery. The estimated cost of the surgery was Rs. 4,25 000/- (Rupees Four Lakhs Twenty-Five Thousand Only) COVID-19 had been difficult for the family financially. Ayaan needed urgent surgery, and his father had exhausted all his savings on his treatments and hospital visits. They reached out to Child Help Foundation for financial support. Ayaan's surgery was successful and he was discharged on 19th July 2022.

Success Stories



Aravindh

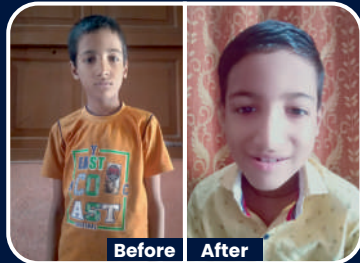
Aravindh Reddy a four-year-old boy along with his parents, Mr. Mahipal Reddy and Mrs. Krishnaveri lives. One morning Aravindh started complaining about a severe stomach ache and later he fainted while walking. Mr and Mrs. Reddy were advised to take Aravindh to Ankura Hospital, Hyderabad. The doctors there recommended an MRI Scan, and Aravindh was diagnosed with Guillain Barre Syndrome (A rare disorder in which the body's immune system attacks the nerves). Aravindh's oxygen levels were dropping, hence he was admitted to the Intensive Care Unit immediately. Doctors had suggested continued ventilator support as a part of the treatment. The estimated cost of which was Rs. 6,00,000/- (Rupees Six Lakhs Only). But the family could not afford the surgery and sought the help of the Child Help Foundation. Aravindh's surgery was successful and he was discharged on 19th July 2022.



Soham

Soham, the bright 11-year-old son of Mr. Saudagar Dhage and Mrs. Trupti Dhage, lives in Solapur along with his younger brother, Omraj (8-year-old) and grandparents. The little boy was born on 15th September 2011, and after a few days, he started suffering from frequent high fever and chest pains. His worried parents took him to a local hospital and after a scan, it was discovered that little Soham had a hole in his heart. The doctors realized that further surgery at that moment was not possible considering Soham's age. So, they recommended that they wait till his body could handle the treatment. Soham continued living with the problems till he reached 11 years of age, but the situation remained the same. Mr. and Mrs. Dhage took him to Balaji Heart and Diagnostic Centre in Mumbai, and upon diagnosis, they found out that he has a Large Perimembranous LCR with severe PAH and needed immediate treatment, the doctors recommended an LCR of VSD closure. But arranging the money for the surgery was difficult for the parents because they are daily wage labourers and reached out to Child Help Foundation for help. Soham's surgery was successful and he was discharged on 20th July 2022.

Success Stories



Sachin

Sachin Kumar is an eight-year-old playful son of Mr. Kaushal Singh and Mrs. Arti Devi. His father and his uncle are daily wage labourers. There are eight members in the family—Sachin, his two elder sisters, mother, father, uncle, and grandparents. The family lives in a small house in Bihar. Sachin was one-year-old when he was diagnosed with a heart defect. The doctors informed the family that their son would need to undergo heart surgery in the future. Years went by; Sachin lived with this defect. When the boy turned eight, his health started deteriorating. He had difficulty breathing due to constant coughing. The family got worried sick and took him to Mahavir Heart Hospital, Patna. The doctors had advised him to undergo AVR (Aortic Valve Replacement) and VSD (Ventricular septal defect) closure surgery. The estimated cost of the surgery was Rs. 4,00,000/- (Rupees Four Lakhs Only.) The family sufficed on minimum income and was financially incapable of arranging money for his treatment. They reached out to Child Help Foundation and Sachin's treatment was successful. He was discharged on 23rd July 2022.



Deepika

Deepika is a six-year-old daughter to Mr. Satvir and Mrs. Rita, from Uttar Pradesh. A few tests were conducted which discovered that she was suffering from Complex Patent ductus arteriosus (Large tubular PDA). It is a heart condition that causes problems with blood flow between the heart and lungs. Deepika's stay in the hospital continued for a few days till her health was stable enough to be on her own. The doctors at that time informed Deepika's parents that she would need to undergo heart surgery in the future as her little body would not have been able to bear a major surgery. Deepika used to suffer from intense fevers often. She always has been underweight and wheezing sounds would be heard from her chest. Her parents took her to Paras Hospital, Patna. The doctors had suggested a PDA surgical ligation (Heart Surgery). The estimated cost of the surgery was Rs. 3,60,000/- (Rupees Three Lakhs Sixty Thousand Only). But arranging such a huge amount was very difficult sufficed on minimal income and helpless they reached out Child Help Foundation. Deepika's surgery was successful and she was discharged on 26th July 2022.

Success Stories



Haranesh

Mr. Krishnmoorthy and Mrs. Abirami from Tamil Nadu became proud parents of a 10-month-old baby boy Haranesh. They were extremely happy until their baby boy was diagnosed with a heart blockage. Little Haranesh was six months old when he underwent an operation to remove blood clots from his heart. The baby had trouble breathing and could not complete the full treatment because the operation was very complex and his little body could not handle it. The baby suffered from CTGA/VSD/PS post-modified BT Shunt, Complete Heart Block, and Narrowed Shunt with Sluggish flow. He had to undergo an Epicardial permanent & systemic pulmonary shunt. He was admitted to MIOT International Hospital, Chennai, Tamil Nadu. The estimated cost of the surgery was Rs. 4,50,000/- (Rupees Four Lakhs Fifty Thousand Only). But it was difficult for the parents to arrange the money because they were financially incapable of doing so at that time and they reached out to Child Help Foundation for support. Haranesh was discharged on 30th July 2022.



Nandini

Five-year-old Nandini Kumari suffered from a complex heart defect. She was diagnosed with a large-size VSD Sub valvular aortic stenosis (SAS). It is a rare disorder seen in infants which causes a fixed obstruction to blood flow. The doctors had suggested Nandini undergo a VSD closure PM VSD as a part of her treatment. The estimated cost of which was ₹ 2,30,000/-. The family couldn't afford the amount of the surgery and they needed financial support and approached Child Help Foundation. Nandini's surgery was successful and she was discharged on 2nd July 2022.

India and its Culture of Giving

Many traditions in Indian culture are shaped around one idea of philanthropy. The concept of giving is not new in India; the practice is ingrained in the psyche of almost all the citizens of this ancient land. The idea is that of helping others, be it through providing hospitality, wealth, resources, food, or anything that might be helpful to those in need.

The culture is so deep-rooted in the country that when the Chinese Scholar, Hiuen-Tsiang, visited India in the seventh century, he saw that the people, however wealthy or underprivileged, were all driven by this one integral idea.

From the Kings who shared their wealth with the citizens of the country to the different sects of people who provided rations and food to the traveling monks and pandits.

This practice of offering food to others is held by so many people in a vast majority that many believe it is one's religious duty.

It is a widespread belief in the culture that 'It is one's dharma to provide food and water to any guest.'

This idea is held so religiously in the minds of Indians because of the ancient stories and scriptures. Many occurrences and events in the Vedas show God's annoyance with those who are hostile to others.

According to the Vedas, there are three types of giving:

Giving to those in need without any expectation of reward or appreciation

For the believers, one should never have a reason to help. Because to help with the expectation that one will get more in return is swaying away from the idea of helping and, therefore, selfish.

Hesitance in the offering

The belief tells that one should never hesitate while giving because ultimately, the act will please the Gods and benefit one's dharma.

Giving without an assertion of dominance

One should always remember to be kind and consider the recipient's feelings. One shouldn't act superior to the recipient while offering help because that leads to embarrassment to the recipient.

When we see these attributes, it becomes clear that India is a country that has a culture of giving as one of its most important traits.

And this tradition isn't just a thing of the past; there have been various adaptations of this culture in modern society. It becomes clear that despite all the tumultuous times India has gone through, the culture of giving has still survived in the country.

[Read More...](#)

Monthly Highlights

SDG 3: Good Health and Well-Being

Doctor's Day Celebration



On 1st July 2022, on Doctor's Day, Ms. Chris Shenoy and Ms. Pranisha Lopes, Project team members, visited Kokilaben Dhirubhai Ambani Hospital to felicitate doctors in Association with Child Help Foundation for their outstanding services towards our pediatric patients. Dr. Santanu Sen (Paediatrician), Dr. Dhoval (G.M.), and Mr. Yogesh Patil (Social Worker) were handed over certificates of appreciation to

respective persons. After that, Mr. Jiji John, Executive Director along with the Project team members visited Wockhardt Hospital and felicitated Dr. Sushil (CEO), Dr. Aniket, Dr. Nitu, Dr. Mangala, and Ms. Rajni Ratnam (Social Worker) for their outstanding service to society.

Doctor's Day was also celebrated across multiple states in the nation and a total of 90 doctors and medical social workers were felicitated.

Doctors from the Following Hospitals were felicitated Mahavir Heart Hospital, HCG Manavata Cancer center, Aster Medcity, HCG MSR cancer center, Institute of Child Health, Kokilaben Dhirubhai Ambani Hospital, Bhagwaan Mahaveer Jain Hospital, Amrita Institute of Medical Science, Paras Hospital, MIOT International, Star care Hospital, Rainbow Children's Hospital, Bharti Hospital, AIMS hospital Pune, Kolhapur cancer center, Rainbow Children's Hospital (Banjara Hills Road No. 10), Care Hospital (Banjara Hills Road No. 1), Prathima Hospital (Kachiguda Station Road), Vijay Marie Hospital (Khairtabad), Apollo Institute of Medical Sciences & Research, Balaji heart and Diagnostic Centre, Lourdes Hospital, Wockhardt Hospital Mumbai.



Monthly Highlights



SDG 3: Good Health and Well-Being

Baseline Survey on Anxiety and Depression at Sakhare Ashram School

On 8th July 2022, Child Help Foundation team members Ms. Chris Shenoy, Ms. Meena Lokhande, and Mr. Ashish, educated the students of Sakhare Ashram School about the importance of mental health. Mental Health issues are rising in the age group of children, and this session was attended by 113 students from both X and XII std., under the supervision of Mr. Kedare, principal of Sakare Ashram

School, and warden Ms. Meena Patil. A special thanks to Inspector Geete, and his team for motivating and helping the students understand that life can be hard sometimes, but we must overcome every obstacle for our growth and happiness.

This program was conducted under the special guidance of Ms. Ayushi Singh, IAS, Palghar District, Maharashtra.

SDG 4: Education Supports

• Paper Bag Activity In collaboration with Motilal Oswal Foundation

On the occasion of World Paper Bag Day on July 12, 2022, a paper bag-making activity was organized at Murbad Ashram School. This activity was conducted with students of classes VIII, IX, and X. Teachers, Principals, Motilal Oswal Foundation project staff, and volunteers enthusiastically participated in this activity. Ms. Shilpa Lokhande, Child Help Foundation

Project team member taught the participants how to make multipurpose bags and sanitary pad disposal bags. A total of 249 students made one paper bag each. These bags were then donated by Child Help Foundation for a social cause.



Monthly Highlights



SDG 4: Education Supports

Paper Bag Activity with the support of Nutanix

On 25th July 2022, a paper bag-making activity was conducted at Bhopoli Ashram School. This activity was conducted with VIII, IX, and X students. Teachers, the Principal, Nutanix project staff, and volunteers excitedly took part in this activity. Steps to making Multipurpose bags and sanitary pad disposal bags were taught by Child Help Foundation project team member, Ms. Shilpa Lokhande. A total of 225 paper

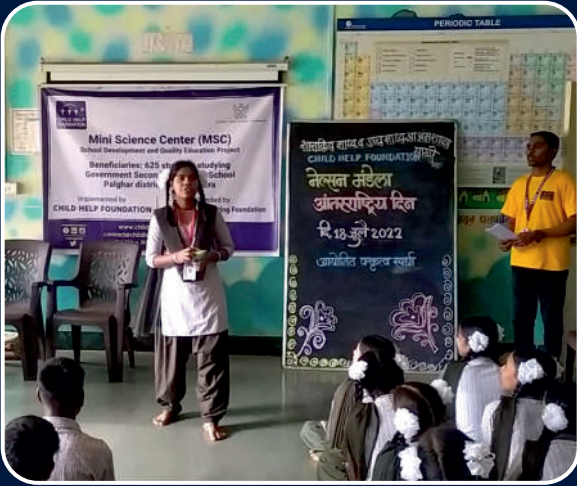
bags were made by the students. Child Help Foundation decided to donate those bags for a social cause.

• Education Support to 6 Kids – Nida Khan, Kartik, Sanchi, Prince Vinod, Aman and Junaid

On the 13th and 16th, of July 2022, Ms. Neha Y. Singh and Ms. Sunita, project team members of Child Help Foundation visited Oxford School, Little Flower English Medium School, Royal English Medium, and Urdu Medium School. The schools were located in the respective locations- Thane, Nalasopara, and Mira-Bhayander. The aim of the visit was to provide education support to the students by helping them financially. Child Help Foundation supported bright kids whose families are currently financially incapable, but the children have great proven academic records. The project team handed over the scholarship cheques to school authorities of the above-mentioned schools. Parents of the children who received financial support were elated that their children could fulfill their dreams. Child Help Foundation supported the education of 8 Children financially in the month of July 2022.



Monthly Highlights



SDG 4: Education Supports

Celebration of Nelson Mandela International Day in Center For Excellence

Nelson Mandela International Day was celebrated on 18 July 2022 in all ashram schools that are supported by Child Help Foundation. Center For Excellence teachers organized awareness sessions, PPT presentations, and speech competitions for students of classes VIII, IX, and X at Murbad, Bhopoli, Sakhre, and Wangani Ashram schools. Students diligently

participated in the activity. The winners were awarded participation certificates. The teachers of the Center For Excellence were also awarded certificates of appreciation for their cooperation and support. A total of 989 people participated in the activity.

The following are the names of the winners of the speech competition

Bhopoli Ashram School

- | | |
|------------|----------------------|
| 1st Winner | Payal Suresh Hadal |
| 2nd Winner | Sonu Sanjay Mor |
| 3rd Winner | Mithun Sitaram Hadal |

Sakhare Ashram School

- | |
|-------------------|
| Shakuntala Birari |
| Jitendra Rathad |
| Neha Kharpade |



Monthly Highlights



SDG 4: Education Supports

Education Support in Chennai Metropolitan Region

On the 15th of July 2022, 81 students provided with stationery kits (notebooks, file, pen, pencil, scale, and eraser). These children belong to the underprivileged areas in Chennai and Child Help Foundation could reach out to them through our volunteers Mr. Jagadhees.

• Visit to Mini Science Centre - Chandrayaan II Launching Day

On the occasion of Chandrayaan II launch day on 22nd July, 2022, Child Help Foundation project team member Ms. Neha Y Singh, visited the Mini Science Center at Pali Ashram School and conducted an activity. In the activity, students made and launched dummy rockets in the school. Teachers also explained to them the significance of the launch of Chandrayaan II. A total of 64 students benefitted from the activity. The project team members also conducted routine administrative check-ups.



• Art & Craft activity done with Needs Charitable Trust (CCI)

On 23rd July 2022, Arts and crafts activity was organized with the children of Need Charitable Trust. This activity was organized by Ms. Neha Singh, Project Team Member and Ms. Samreen Sayad. The lead was taken by Ms. Samreen Sayad. The team members interacted with the children and explained the whole activity to them. Ms. Samreen Sayad taught them how to make photo frames using old newspapers. The kids also enjoyed doing this activity for the first time. The total number of beneficiaries reached-15

Monthly Highlights



SDG 6: WAS (Water & Sanitation)

Role Play on Menstrual Health Management conducted by Telecaller at Mira Road office

Observing that sanitary napkins are not being disposed of properly, Child Help Foundation decided to play a role in menstrual hygiene, the importance of hygiene during menstruation, and proper disposal of sanitary pads were conducted. The skit was held on July 2, 2022. The skit was followed by an exercise in which volunteers learned how to tie paper bags to dispose of sanitary napkins. Kaveri Iyer Amisha Patel, Rekha Yadav, Ashrafi Mir, Albushra Qureshi, Prajwali Khaire, and Almas Shaikh have acted in the skit. The total number of beneficiaries reached - 60

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Sanitary Pad Distribution in Jamdha and Jaraguri Villages of Bongaigaon

To ensure that maintaining menstrual hygiene doesn't become a hurdle during a time of natural calamity and to promote menstrual hygiene among women in rural areas, sanitary pads were distributed free of cost to a total of 850 women and girls in villages in Assam on the 18th July 2022. Sanitary pad packets were distributed in coordination with and support of the Zondhan Foundation.



SDG 14: Life Below Water

Child Help Foundation Volunteers conduct weekly Beach clean-up activities, thereby contributing to saving the environment. MBMC workers/staff also provide their support to the event. Many people from surrounding localities participate as volunteers. Around 19,310 kgs of plastic waste were collected in the month of July. These activities were conducted at Manori, Uttan, Bhayander East, Velankanni, and Gorai beaches in Maharashtra.



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Monthly Highlights



SDG 2: Zero Hunger

Child Help Foundation in collaboration with Roti Ghar provides fresh warm meals to 1800 children in Mumbai, Delhi, Bangalore, Odisha, and Hyderabad every day. The idea behind this initiative taken by Child Help Foundation and Rotighar is to reach out to children in need who are malnourished and serve them freshly cooked meals, that are prepared in our centralized kitchen. The zero hunger program has helped 55,800 beneficiaries in the month of July 2022.

SDG 11, 13 and 17: Humanitarian Relief

• Distribution of Grocery and Nutrient Product – Kamrup, Assam

On 23rd July 2022, in collaboration with Bernil Pratyasha Foundation, Child Help Foundation distributed groceries and nutritional products to flood-affected families in Changsari, Kamrup District, Assam. Groceries like rice, dal, dal, oil, salt, etc., and nutritional products like milk, Horlicks, biscuits, and Maggi were distributed to the beneficiaries. Through this initiative, Child Help Foundation supported 40 families in the Kamrup district.



• Distribution of Relief Materials– Darrang and Nalbari

Supporting the initiative of the Raindrop Foundation, Child Help Foundation distributed relief materials to a total of 210 flood-affected families in the Darrang and Nalbari districts of Assam on 25th and 26th June 2022. Raindrops volunteers distributed relief materials to 64 flood-affected poor families of Saruthekerabari village under Rongamati Panchayat of Darrang district. On the same day, volunteers distributed relief materials to 146 flood-affected poor families in Balikaria village and Borbila village in the Nalbari district. Volunteers used a



banana tree raft to distribute relief materials to the flood-affected areas of Saruthekerabari village in the Darang district. The relief materials included rice, masoor dal, potatoes, mustard oil, soybeans, salt, poha, muri, Dettol soap, bleaching powder, and sanitary napkins.

Monthly Highlights



SDG 8 & 10: Village Development Activity

On 21 July 2022, a project team member of the Child Help Foundation visited Shegatpada, Wangarje village, Palghar for village development activities. A baseline survey was conducted by volunteers and Motilal Oswal Foundation project teachers to conduct the activity. Children's, women's, and men's clothes, rainwear, umbrellas, and footwear were distributed to the people in need as a part of the activity. A total of 102 people benefitted from the drive. As per the observation made by the volunteers, the number of clothes, rainwear, umbrellas, and footwear was less

but still the beneficiaries seemed elated to get whatever help they could. Child Help Foundation plans on extending the drive and keeps reaching out to the villagers in need.

Other Activities:

Free Food Distribution at Jagannath Rathyatra Puri, Odisha

On 1st and 9th July 2022 free food was distributed during Jagannath Puri Rathyatra to the devotees. A total of 12,000 devotees benefitted from the activity.



Blanket given to Watchman of Mumbai Head Office

A blanket was given to the watchman (Mr. Vijay) of the Head Office of Mumbai by Child Help on 4th July 2022.



Monthly Highlights

Other Activities:

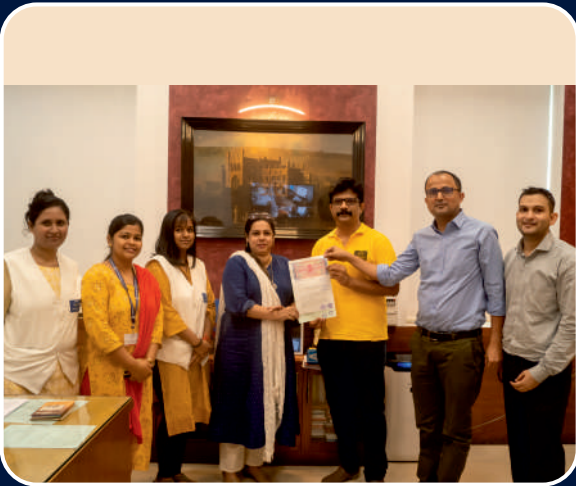
Goregaon Baseline Survey

A baseline Survey was conducted on 15th, 16th, and 23rd July 2022 at Aarey Colony- Unit 7 and Unit 32, Goregaon-East. The purpose of this survey was to know the field of interest of the people residing in those areas for curating skill development programs. A total of 100 people participated in this survey.



Visit to Finalize BFC

On 25th July 2022, Child Help Foundation Executive Director Mr. Jiji John along with project team members, Ms. Chris Shenoy, and Ms. Neha Y Singh visited a location to finalize the construction of a Baby Feeding Center. Mr. Rajesh from ALKEM handed over the MOU to Child Help Foundation in the presence of the JJ Authorities.



Events



Bringing Smiles

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