

# NEWSLETTER



Registration No: E6427 (Thane)



MARCH 2022

## ABOUT US



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**Child Help Foundation (CHF)** is a pan - India non-profit organization, registered under the Bombay Public Trust Act 1950, which started in the year 2010. Committed to the fulfilment of Child Rights as promised by the Indian Constitution and United Nations Convention on the Rights of the Child (UNCRC), CHF's principal purpose is to empower the disadvantaged holistically with some of our initiatives like Emergency Medical Support, Education, Clean Water, and Sanitation, Gender Equality, Zero Hunger and Humanitarian Relief.

CHF also works largely in bringing about a balance in society by taking care of stray animals under our Life on Land initiative and Beach Clean Up activities under our Life Below Water initiative.

Today, CHF is nationally recognized for its efforts to uplift the underprivileged in society. Our response is multi-sectoral based on reliable expertise and extensive groundwork. We have implemented multiple grassroots-level initiatives all over the country in 21 states.

Amongst many others, CHF has won various awards in 2019-20: The ET NOW - Rise with India Award for the Best NGO in Healthcare, Best NGO in Education for Girl Child, Best NGO for Cancer Prevention, Award for Dedication and Commitment from Tata Memorial Hospital, and the Dadasaheb Phalke International Film Festival Award for Benevolent Efforts in Social Welfare. In August 2021, CHF received three awards at the 7th Edition of National Awards. These awards were received for Best Covid -19 NGO for Community, Best Healthcare NGO of the Year, and Best NGO for Education for Girl Child.

We have offices in 12 cities including Mumbai, Thane, Pune, Delhi, Kolkata, Bhubaneswar, Hyderabad, Kochi, Bengaluru, Chennai, Gurugram, and Dimapur. We also have an international presence in the United States of America.

**VISION:** Reaching out to marginalized children in need, empowering them, bringing smiles, and making them future-ready.

**MISSION:** Our Mission is to inspire and empower people into the culture of giving and bringing about a positive change in the lives of children and society.



# EMERGENCY MEDICAL SUPPORT

Child help Foundation helps fund the treatments of children suffering from life-threatening, non-communicable diseases like Congenital Heart Diseases, Cancer, Organ Transplants, and Preterm Babies, amongst many others. We ensure that these children get the required treatment as soon as possible, and their families get the support they need throughout the treatment.

## Aradhaya Lokhande

Aradhaya Lokhande is a 4-year-old girl suffering from Bilateral Retinoblastoma. Her father, Mr. Samadhan Lokhande is the only breadwinner of the family and earns up to Rs. 200/- per day. Aradhaya, along with her mother, younger sister, and father lives in Pune, Maharashtra.

When Aradhaya was six months old, her left pupil started to look white in color and she suffered from constant severe colds and coughs. Worried, her parents took her to a local hospital. A CT scan discovered that Aradhaya is suffering from Bilateral Retinoblastoma. It is a tumor of the eyes. Aradhaya and her mother used to travel to Coimbatore at SRI Ramakrishna Hospital for better treatment, as she was suggested six cycles of chemotherapy. For a couple of years, the chemotherapy showed good results but during the lockdown, they couldn't travel to Coimbatore. This worsened her condition and the doctors suggested an eye removal surgery. It was detected that Aradhaya's right eye has a tumor too and another 6 cycles of chemotherapy are suggested along with a Bone scan and Radiotherapy to treat cancer.

The estimated cost of the treatment is Rs 1,54,000/- (Rupees One Lakh Fifty-Four Thousand Only). Aradhaya's mother used to work as a housekeeping staff in a local hospital in Pune but was fired as she took frequent leaves to take care of her daughter. With time, medical expenses have drained their savings. The family has approached CHF looking for financial help.



# EMERGENCY MEDICAL SUPPORT



## Baby of Ameena Fatima

Mrs. Ameena Fatima and Mr. Mohd. Atavulla Khan was blessed with a baby boy on 18th March 2022. However, the little child was born in the seventh month of pregnancy itself and suffers from symptoms of prematurity. The couple and their only baby live in Hyderabad, Telangana, in a rented house with a monthly rent of Rs. 5,000/-.

Mrs. Ameena underwent some complications during her pregnancy. Her doctors suggested an urgent C-Section, and their baby boy was born. The preterm baby suffers from low birth weight, severe IUGR (fetal growth restriction), Probable Sepsis, and Respiratory Distress Syndrome. The doctors at Shalini Hospital, Hyderabad, have suggested that the baby should be kept in the NICU for two months for total recovery.

The estimated cost of this treatment is Rs. 10,20,000/- (Rupees Ten Lakhs Twenty Thousand Only). Mr. Mohd. Atavulla Khan works as a daily wage laborer and is unable to raise this huge amount.



## Shivam Bharade

Shivam Bharade is just a one-year-five-month-old baby boy from Nagpur, Maharashtra. Shivam was born healthy, unfortunately, the baby boy is being robbed of his childhood by a complicated heart defect. Just about nine months after his birth, he started suffering from continuous high fever and coughs.

Anxiously, his parents, Mr. Sunil Bharade and Mrs. Nikita Bharade returned to a local hospital in Nagpur, Maharashtra, where medical tests revealed that he was suffering from pneumonia and Large Malaligned VSD with severe valvular and Subvalvular Pulmonary Stenosis (heart defect). The doctors there were unable to treat him so his parents went from one hospital to another in search of treatment for Shivam's condition. They brought him to Balaji Heart Hospital in Mumbai, Maharashtra. The doctors here have suggested Shivam undergo ICR of TOF Repair.

The estimated cost for his surgery is Rs. 3,30,000/- (Rupees Three Lakhs Thirty Thousand Only). His family cannot afford this huge amount. Shivam's father and uncle are the only people earning and supporting the family of 11 members. They collectively earn Rs. 3000/- per month. They have drained all their savings into their little boy's treatment. His mother is crying day and night for her only son to come home healthy and safe back to her.

# EMERGENCY MEDICAL SUPPORT



## Harshita Kumar

Harshita is a five-month-old baby girl from Gurugram, Haryana. Her father, Mr. Mahesh Kumar works as an autorickshaw driver and earns around Rs. 5,000/- to Rs. 7,000/- per month. Harshita's mother is a homemaker, and her brother Naksh is seven and studies in the second grade. The family of five lives in Farrukhnagar, Gurgram, Haryana. Harshita's grandmother also lives with them.

When Harshita was some weeks old, she caught a cold and suffered from a high fever. Whenever she cried, her face developed a bluish discoloration. The local doctor advised the family to get her heart checked. The medical tests left her parents shocked. It was discovered that there is a hole in her heart. The baby's parents took her to Paras Hospital, Gurugram for further treatment.

The doctors at Paras Hospital have suggested that Harshita needs an Open Heart Surgery for VSD Patch Closure. The estimated cost of this is Rs. 5,00,000/- (Rupees Five Lakhs Only). With no savings and any help, Harshita's father is left in distress. The family has sought assistance from CHF.



## Ayush Kumar

3-year-old Ayush Kumar is the elder child of Mr. Sanjit Ray and Mrs. Fulkumari Devi. He has a younger sibling Ms. Aarohi, who is one. Mr. Sanjit works as a daily wage laborer who earns a monthly income of Rs. 7,500/-. His mother is a homemaker. The family consists of eight members and lives in Samastipur, Bihar. Ayush's grandfather is also a daily wage laborer who earns Rs. 250/- per day.

Ayush suffers from a complicated Adult Congenital heart disease (ACHD), Pink tetralogy of Fallot (PTOF), Large PM ventricular septal defect (VSD), and Severe Infundibular PS(DCRV), Confluent and fair-sized branch PAs. This has made his life difficult from a very young age. When Ayush was born, his health was fragile as he was constantly running fevers. The doctors suggested the parents take him to Mahavir Heart Hospital, Patna, where he is presently being treated.

Currently, the suggested surgery for his treatment is an intracardiac repair (ICR) along with an atrial septal defect (ASD) closure. The estimated cost of his treatment is Rs. 2,30,691/- (Rupees Two Lakhs Thirty Thousand Six Hundred Ninety-One Only). Mr. Sanjit Ray is in a dilemma of how to raise this big sum with his nominal income and no savings. He has turned to CHF for support.

# EMERGENCY MEDICAL SUPPORT



## Twins of Shareen

The twins of Mrs. Shareen and Mr. Solomon are seven-days-old. Born in the seventh month of pregnancy, they suffer from extreme symptoms of prematurity. Their father, the sole breadwinner in the family of five, is a fisherman and earns only Rs. 7,000/- per month. Their mother is a homemaker, and their grandfather is a retired fisherman. The family lives in Ernakulam, Kerala.

Mrs. Shareen faced some complications during her pregnancy. The doctors at Lourdes Hospital suggested an urgent C-Section to save the babies and the mother. The babies are currently in the NICU at Lourdes Hospital, Kerala. The estimated cost of both their treatments collectively is Rs. 6,00,000/- (Rupees Six Lakhs Only). The babies would require one month of NICU stay.



## Twins of Jency

Mrs. Jency gave birth to two preterm baby girls - Catherine and Caroline. The twins were one-month-old when they were admitted to the hospital, as they suffered from extreme prematurity being born in the sixth month of pregnancy.

Baby Catherine has an abnormally large kidney, causing multiple health issues. She requires a NICU stay and is on ventilator support. She is currently being treated at Lisie Hospital, Kerala. The doctors have suggested HHFNC and IV antibiotics for onset sepsis along with continued ICU support for treating her prematurity and low birth weight. The estimated cost of this is Rs.5,00,000/- (Rupees Five Lakhs Only). Baby Caroline suffered from an intraventricular hemorrhage with mild hydrocephalus, which means that there was a clot in her brain. Unfortunately, despite all the efforts by the doctors, baby Caroline passed away due to her blood infection.

The twins' father Mr. Sanjo is food-delivery personnel who earns a daily income of Rs. 350/- only. Their mother used to work as a nurse but left her job during her pregnancy. The couple is already in debt as they have borrowed a huge amount of money from their relatives and friends. The couple and their now only baby live in a rented house in Ernakulam and have to pay a monthly rent of Rs. 7,500/-. Having already lost a child, the parents need your help and prayers to bring their baby Catherine back home.

# EMERGENCY MEDICAL SUPPORT



## Twins of Farsana

The twins of Farsana suffer from extreme prematurity as they were born in the sixth month of pregnancy (26 weeks). A month before the twins were born, their father, Mr. Mohammed Sajeer, went to the Gulf, in search of a job. However, he is unable to find a way of earning to date.

The family hails from Malappuram, Kerala. The twins, a boy, and a girl suffered from various conditions like Respiratory Distress Syndrome, Bronchopulmonary Dysplasia. Additionally, one of them suffers from Grace IV IntraVentricular Hemorrhage on the right side, and the other one suffers from Bilateral Grace II germinal matrix hemorrhage. Their treatment is being carried out at Iqraa Hospital, Kozhikode, Kerala.

The doctors have suggested treatment including CPAP IV antibiotics and supportive medications for one baby, and HFNC O2 and supportive medications for the other. The babies are currently in NICU and require a month-long stay to get better. The estimated cost of the treatment is Rs.4,00,000/- (Rupees Four Lakhs Only).



## Niyamuddin Shaikh

Niyamuddin Shaikh, a seven-year-old boy from Bhiwandi, Maharashtra suffers from Dextrocardia (a condition in which the heart is pointed toward the right side of the chest). He also has a single ventricle heart defect. Niyamuddin is the second child of Mr. Mehboob Shaikh and Mrs. Sultana Shaikh. His elder sister is nine-years-old and his younger brother is three-year-old. His father works as a daily wage laborer earning up to Rs. 3000/- per month. His mother is a homemaker.

Niyamuddin was born with complications in his heart for which he underwent two surgeries to date. Despite this, his body keeps developing severe bluish discoloration. For his current treatment the doctors at Fortis Hospital, Mumbai suggested undergoing corrective open-heart surgery CT and Fontan Completion.

The estimated cost of his surgery is Rs. 3,37,000/- (Rupees Three Lakhs Thirty-Seven Thousand). His father is the only earning member in the family of five. Due to the nature of his job his income is not fixed. Mr. Mehboob requires CHF's help to save his child.

# EMERGENCY MEDICAL SUPPORT



## Arun Kamboj

Arun Kamboj is a one year seven months old boy, suffering from complex heart disease. His father Mr. Sanjay Kumar is a daily wage laborer who earns a minimum income of Rs. 4,000/-per month. His mother Mrs. Bimla is a homemaker. Arun along with his parents, grandparents, and twin brother (Varun) live in Haryana.

After his birth, Arun's parents noticed that he was born with fused fingers. They took him to doctors and a few tests later it was discovered that Arun is suffering from complex congenital heart disease. The parents took Arun to Paras hospital, Gurugram for treatment. The doctors here have suggested that he needs open-heart surgery to overcome the condition.

The estimated cost of the surgery is Rs. 4,50,000/- (Rupees Four Lakhs Fifty Thousand Only). The Kamboj family is afraid that they will lose their child due to the high cost of surgery, which they cannot pay.



## Hemavathi

Three-year-old Hemavathi is the younger child of Mr. Shreenivas, a tailor, and Mrs. Renuka, a homemaker. Hemavathi's elder brother Lakshman is five. The family of four lives in Shorapur Taluka, Yadgir District, Karnataka. Hemavathi.

Baby Hemavathi suffers from Dorsal Lumbar Kyphoscoliosis. In simpler terms, Kyphoscoliosis is an abnormal curve of the spine on two planes: the coronal plane, or side to side, and the sagittal plane, or back to front. Since Hemavathi was six months old, her parents noticed that she was not growing like a normal baby. She was frail and her body lacked many essential vitamins. Her parents took her to a local doctor, who suggested that the baby requires advanced treatment. The family then took her to the Department of Spine Surgery at Bhagwan Mahaveer Jain Hospital, Bengaluru, Karnataka. Here, the doctors have suggested that Hemavathi needs posterior instrumentation with growth rod application.

The estimated cost of this treatment is Rs.3,50,000/- (Rupees Three Lakhs Fifty Thousand Only). Mr. Shreenivas is the sole breadwinner who only earns Rs. 8,000/- per month. He is left afraid of this unsettling financial need.





# EMERGENCY MEDICAL SUPPORT



## Muhammed Shahal

Muhammed Shahal, a 14-year-old boy, is suffering from T- cell Lymphoblastic Lymphoma. His father, Mr. Saleem is a laborer who works as and when he gets work and earns up to Rs. 900/- per day. His mother, Mrs. Rasina is a homemaker. The family lives in Kozhikode, Kerala.

In December 2021, Muhammed Shahal noticed that he is not able to breathe properly and it pains in his chest whenever he tries to breathe. His parents took him to a government hospital, where a test result showed swelling in his lungs. Later when his parents took him to MVR Cancer Centre and Research Institute, Kerala, several tests diagnosed him with blood cancer.

The doctors suggested chemotherapy as a part of Muhammed Shahal's treatment. The estimated cost of the treatment is Rs. 6,00,000/- (Rupees Six Lakhs Only). Please help him in his fight against cancer.



## Sajiya Ismail Nalband

Sajiya Ismail Nalband, a 15-year-old is suffering from Swelling over the Mandibular region, Heterogeneous enhancement (a cyst formation on face tissues), and Hemangioma (vascular tumor). Her father, Mr. Ismail Nalband, and mother, Tanzila Nalband work as laborers and collectively earn up to Rs. 500/- as and when they get work. Sajiya has three younger siblings and grandparents. The family of eight lives in Satara, Maharashtra in a rented house. They pay a rent of Rs.1200/- per month.

A couple of months ago, Sajiya was suffering from frequent fevers and swelling started developing on her face. Worried, her parents took her to a local hospital. After a few check-ups, she was diagnosed with Hemangioma and mandible swelling. The doctors there suggested that she must undergo an urgent Excision of soft tissue, Injection Sclerotherapy for varicose veins, and post-operative Medical Management.

She has been shifted to AIMS Hospital, Pune, Maharashtra for the surgery. The estimated cost of which is Rs. 2,52,000/- (Rupees Two Lakhs Fifty Two Thousand Only). The family is extremely distressed as Sajiya is suffering from such a fatal condition.



## Mohammed Mudassir

Mohammed Mudassir is a one-month-old baby from Hyderabad, Telangana. His father, Mr. Mohammed Mansoor works in the local masjid on a daily-wage basis and earns Rs. 10,000/- per month. The baby's mother Mrs. Ameena Begum is a homemaker. The family lives in a rented house in Habeeb Nagar.

During her pregnancy, Mrs. Ameena went through some complications due to blood pressure fluctuations and thyroid. As soon as Mohd. Mudassir was born, he was suffering from respiratory problems and also suffered from dyselectrolytemia, sepsis, metabolic acidosis, sclerema, respiratory alkalosis, and acute GE (stomach flu). Initially, the baby was admitted to Niloufer Hospital, Hyderabad but was later shifted to Hope Children's Hospital, Hyderabad for advanced treatment.

The doctors at the hospital suggested a NICU treatment along with oxygen support, IV fluids, and antibiotics. The estimated cost of the treatment is Rs. 5,75,000/- (Rupees Five Lakhs Seventy Five Thousand Only). Every penny is important to save Mohd. Mudassir's life.

## Baby of Lalita

The baby girl of Mrs. Lalita and Mr. Shakti Patti is their only child. The baby is only eight-days-old and suffers from extreme prematurity. The baby was born in the seventh month of pregnancy and is currently in critical condition. Mr. Shakti, the sole breadwinner, is a daily wage laborer and earns Rs. 5,000/- per month. Mrs. Lalita lives in Vikhroli, Mumbai with her parents and brother in a rented house with a monthly rent of Rs. 1,200/-.

Mrs. Lalita underwent some complications during her pregnancy. Due to high blood pressure problems, her doctors suggested an urgent C-Section to deliver the baby. When their little angel was born, her birth weight was extremely low and suffered from respiratory distress, early-onset sepsis, and neonatal hyperbilirubinemia. The baby is currently receiving treatment at Platinum Hospital, Maharashtra.

The doctors have suggested continued NICU treatment, IV Fluids, and Phototherapy along with proper monitoring. The estimated cost of the treatment is Rs. 6,00,000/- (Rupees Six Lakhs Only). The baby's father has exhausted his savings during the C-Section.



# EMERGENCY MEDICAL SUPPORT



## Santhosh R.

Santosh R. is a five-year-old boy living with his parents, Mr. Ramesh, and mother Mrs. Dyamakka. Mr. Ramesh is a laborer who works at different construction sites and earns up to Rs. 5000/- per month. Santosh's mother is a homemaker. He has a younger sister- Inchara (2) and a grandmother. The family of five lives in Dummi Chitradurga, Karnataka.

When Santosh was two years old, his parents noticed that he was unable to walk or crawl as babies usually do. They took him for a check-up in a local hospital where it was found that Santosh is suffering from Congenital Dorsolumbar Scoliosis. It is a sideways curvature of the spine that is caused by a defect that is present at birth. Basic check-ups and treatments were started for Santosh in a government hospital in the vicinity of their house but since COVID-19 lockdowns, his parents could not manage to take him for doctor's visits. His condition worsened and so his parents took him to Bhagwan Mahaveer Jain Hospital, Bangalore, for treatment.

The doctors have suggested a complicated surgery including posterior instrumentation, and deformity correction, along with laminectomy, adhesiolysis, and neurolysis. The estimated cost of which is Rs. 3,50,000/-



## Samiksha Lachake

Samiksha Lachake, a 13-year-old, is suffering from Thalassemia Major. Her father, Mr. Vijay Lachake is a farmer and earns an annual income of Rs. 55,000/-. Her mother, Mrs. Jaya Lachake is a homemaker, and her brother Jay is 12. The family lives in Nashik, Maharashtra.

When Samiksha was seven, she ran fevers frequently and suffered from skin issues. Worried, her parents took her to a local hospital in Nashik. After a few tests, it was discovered that Samiksha is diagnosed with Thalassemia Major. Since her body cannot make blood by itself, she requires a blood transfusion every 15 days. Samiksha's blood transfusions have been feasible for all of these years because of a generous blood bank that has assisted her with her monthly blood infusions. After a few years, Samiksha's symptoms worsened, and she was shifted to Kokilaben Dhirubhai Ambani Hospital, Mumbai, for advanced treatment.

The doctors suggested that she needs a Bone Marrow Transplant. The estimated cost of which is Rs. 10,50,000/- (Rupees Ten Lakhs Fifty Thousand Only). Her brother Jay is her donor. Being from a weaker financial background, the Lachake family is not able to gather this huge amount.

# SUCCESS STORIES

## Swaraj

Swaraj Rathod is a four-month-old baby boy from Osmanabad, Maharashtra. His father, Mr. Avinash Rathod is a daily wage laborer and earns a very minimum amount for the work he does. Some days he brings Rs. 200/- and other days he cannot earn a single penny as he is not able to fetch any of the jobs of his skill in the market. His mother, Mrs. Smita Rathod is a homemaker.

A week after Swaraj's birth, his parents got worried because their baby was continuously crying. The doctors asked them to get some tests done and found a hole in his heart. He was diagnosed with VSD with Sub Infundibular Pulmonary Stenosis. They recommended the Rathod family take their baby to the Balaji Heart Hospital, Mumbai.

Swaraj underwent Intracardiac Repair of VSD with Sub Infundibular Pulmonary Stenosis as a part of his treatment. The estimated cost of this was Rs. 3,30,000/- (Rupees Three Lakhs Thirty Thousand Only). With the help of our donors, we supported Swaraj's family and he was discharged from the hospital on 5th March 2022.



## Tanu Bhosale

Tanu Bhosale, a four-year-old girl was suffering from Liposarcoma AV Malformation. Her father, Mr. Gorakhanath Bhosale, and mother, Mrs. Radhika Bhosale work as a daily wage farm laborers and earn up to Rs. 150/- per day. Tanu has an elder sibling Tejashwini Bhosale (7); the family of four live in Sangli, Maharashtra.

When Tanu was three-years-old, her parents noticed an unusual swelling on the right side of her face. Tanu couldn't eat well as it caused her immense pain to swallow. Worried parents took Tanu to a local hospital in Sangli. After several checkups, it was discovered that Tanu was diagnosed with Liposarcoma AV Malformation (Tumor in soft tissue). The doctors suggested Tanu undergo an Excision of Soft Tissue, Mass on the Face and Neck, and Aggressive Postoperative Medical Management Surgery. Tanu was shifted to AIMS Hospital, Pune for further treatment.

The estimated cost of the surgery was Rs. 2,52,000/- (Rupees Two Lakhs Fifty-Two Thousand Only). With time, medical expenses exhausted her parent's savings, and they were unable to afford the surgery. Tanu's family sought CHF's help in raising the funds for her treatment. Her surgery was performed successfully and she was discharged from the hospital on 7th March 2022.





# SUCCESS STORIES

## Baby of Payal

The baby of Mrs. Payal Chavan is a nine-day-old baby boy from Jategaon, Maharashtra. His father's name is Mr. Rajendra Chavan. The baby's grandparents and uncle live with them. The entire family works as daily laborers on sugarcane farms. Collectively they earn only Rs. 15,000/- per month.

During the sixth month of pregnancy, Mrs. Payal started suffering from severe pains. When taken to the doctor, an emergency C-section was performed. The baby was born with symptoms of prematurity - low birth weight, respiratory distress syndrome, Hyaline membrane disease, and Apnea of Prematurity. The doctors at Yashoda Children's Hospital, Beed, suggested that the baby needs to be kept under NICU treatment for a few months.

The estimated cost of which was Rs. 1,42,000/- (Rupees One Lakh and Forty-Two Thousand Only). CHF helped the baby's parents by providing them with the required funds. The baby's treatment is partially supported by Synechron Technologies Pvt. Ltd. He was discharged on 21st March 2022. The baby is healthier and at home now.



BEFORE

## Saras Khare

Saras Khare, a five-year-old who lives in Konch, Uttar Pradesh, was suffering from Complex Congenital Heart Disease. His father, Mr. Narendra Kumar is a farmer and earns Rs 5,000/- per month. Saras's mother, Mrs. Barsha Devi is a homemaker, and his elder brother Pranjal is 8.

When Saras was one, his family noticed that his body developed bluish discoloration. He could not eat well as he vomited most of the food consumed. Worried, his parents took him to a local doctor, where he was suggested to go to Birla Hospital, Gwalior, Madhya Pradesh for treatment. After a few check-ups, it was discovered that Saras's heart was on the right side instead of the left and had nerve blockages. His family took him to Paras Hospital, Gurugram, Haryana, for better treatment.

The doctors advised that Paras needed to undergo open-heart surgery. The estimated cost of the surgery was Rs. 4,50,000/- (Rupees Four Lakhs Fifty Thousand Only). With time, medical expenses drained all the Khare family's savings. They sought CHF's help in raising the funds for Saras's treatment. His surgery was performed successfully and he was discharged from the hospital on 11th March 2022.



BEFORE



AFTER

# SUCCESS STORIES



## Baby of Lila

The twins of Lila Devi were 7-days-old premature baby boys from Pali, Rajasthan. In the eighth month of pregnancy, mother Lila Devi started suffering from blood pressure fluctuations. When taken to a local doctor, she was told to go to Rohit Hospital, Jaipur, which is 500 kilometers away from their home.

The doctors at the hospital suggested an urgent C-section delivery as a prolonged pregnancy was dangerous to both the mother and the babies. The twins were born with extreme symptoms of prematurity- low birth weight, respiratory failure, and neonatal jaundice (NNJ - a condition in newborns). Because of their fragile condition, they were taken to the Neo Clinic, Jaipur. The babies were on ventilator support and needed continued NICU support. The estimated cost for which was Rs. 6,00,000/- (Rupees six lakhs only).

The father of the babies, Mr. Rupachand, and the mother work as daily wage laborers and collectively earn a mere income of Rs. 7,000/- per month. Out of this very little amount, Rs. 2,000/- are spent for their monthly house rent. The babies' lives depended on monetary assistance, and CHF helped them get through their tough times. The twins are now safe and healthy and were discharged from the hospital on 21st March 2022.

## Vihansh

Vihansh Butti is just a four-year-old boy from Telangana, but since January 2022, this little boy has been tormented by severe disorders. He started suffering from high fevers, loose stools, and dark-colored decreased urine output.

Worried, his parents, Mr. Rajashekar Butti and Mrs. Sapna Kumari took him to Star Hospital, Telangana. The doctors there discovered that Vihansh was suffering from Kidney Failure and AIHA (a rare type of anemia). He was admitted and treated at the same hospital initially, but due to worsening symptoms, he was shifted to Rainbow Children's Hospital, Hyderabad.

To add to his despair, after being on ventilator support for one week, Vihansh suffered a cardiac arrest due to which his brain was partially damaged. Why would fate be so unfair to a four-year-old? Kidney Failure and Brain damage had wrecked his life. The doctors had suggested Dialysis and continued ventilator support for his survival. The estimated cost for his treatment was Rs. 8,00,000/- (Rupees Eight Lakhs Only). His parents could not afford this huge amount as Mr. Rajashekar Butti lost his job due to lockdown.

This treatment was the only chance for Vihansh to survive. His seven-year-old sister Bhavika was on her knees praying for her little brother to recover and come home. With the help of our donors, we supported Vihansh's family. His surgery was successful and he was discharged from the hospital on 28th March 2022.





# SUCCESS STORIES



## Sanskar Bhaganagare

Sanskar Bhaganagare, a 5-year-old boy, suffered from complicated heart diseases including Congenital Heart Disease (CHD), Shwachman-Diamond syndrome (SDS), Severe Valvar Pulmonary Stenosis, and Tricuspid regurgitation. His father, Mr. Pradeep Bhaganagare is a milkman, and he is the only breadwinner in this family. His mother, Mrs. Laxmi Bhaganagare, is a homemaker. The family of six includes Sanskar, his parents, his grandparents, and a younger sibling- Shreeja (2 yrs). They live in Pandharpur, Maharashtra.

Sanskar's heart defect was detected at birth. Since then, his hospital trips began, making his childhood difficult and distressing. Like any normal child, Sanskar could neither go to school nor play outside, as even a little bit of exertion could worsen his health. The doctors at AIMS Hospital and Research Center, Pune, had suggested an Urgent Balloon Pulmonary

Valvuloplasty Heart Procedure as a part of his treatment. This surgery required a huge amount of Rs. 2,58,000/- (Rupees Two Lakhs and Fifty-Eight Thousand Only). Mr. Pradeep, with his very little income of Rs. 5,500/- per month, was trying to make ends meet to feed his family. He was helpless and was unable to raise these funds for his elder son's treatment. CHF helped the family to raise this huge amount of money and supported the family throughout Sanskar's treatment. He was discharged on 28th March 2022.



# EDUCATION SUPPORT



1

## Awareness Program

### 1. Murbad Ashram Shala

On the occasion of World Wildlife Day, on 3rd March 2022, CHF conducted an awareness campaign at the Government Secondary Ashram School in Murbad. There was a comprehensive discussion regarding snake bites, precautions, and cures. The children were briefed about immunizations and antidotes, as well as who to contact, their helpline number, and how to proceed in the event of an emergency.

There was also an awareness session on the same day on HIV/AIDS. The discussion consisted of illness, symptoms, medicines, and therapy for HIV/AIDS. The sessions were a success, with 167 students benefiting from them. The children's engagement in the session was excellent, and the staff provided positive feedback.



2

### 2. Vangani Ashram Shala

On 29th March 2022, Child Help Foundation visited the Government Secondary Ashram School- Vangani. During the visit, an awareness session on "HIV/AIDS" was conducted. The main objective of the session was to create awareness among the students about the disease. The session included a PowerPoint presentation through which the students were taught about the symptoms, medication, and treatment of the disease. 93 students benefited from this session.





# EDUCATION SUPPORT



## Fellowship Camp

In partnership with CHF, Self Reliant India (SRI) organized a single-day 'Fellow Capacity Building Workshop' on 23rd March 2022 at Bal Bhawan, Rewari, Haryana. Fellows from the nearby districts of Jhajjar, Rewari, and Nuh participated together in this workshop. There were 35 beneficiaries who attended the program



## Street Play

On March 8, 2022, eight girls from Sakhre Ashram Shala staged a street play at Maan Ashram Shala, Vikramgarh, District- Palghar, on the occasion of International Women's Day. The play dealt with the sensitive subject of "Acid Attacks."

The face isn't the only part of the body that might be disfigured by acid. Through their performance, the girls attempted to depict the numerous aspects of how it affects the victims. In this drama, the roles of society, doctors, police, and the government were scrutinized.

For their outstanding performance, the girls were awarded Rs. 1900/-.



# BABY FEEDING CENTER (BFC)



## Ernakulam, Kerala

On 21st March, Child Help Foundation inaugurated its third Baby Feeding Center (BFC) in Kerala. This BFC is constructed in Chottanikkara Temple in the Ernakulam district. Several renowned personalities from the temple along with CHF volunteers were present during the inauguration ceremony. This BFC would provide a safe, clean and hygienic environment for lactating mothers and infants.





# WATER AND SANITATION



## World Water Day

On 22nd March 2022, Child Help Foundation organized a wall painting activity on the occasion of World Water Day under the presence of Chief Health Officer of MBMC, Anil Rathod. 20 student volunteers from Thakur College participated in the activity. They painted a wall at Naya Nagar Police Chowky, Mira Road, Mumbai.

The objective of this activity was to spread awareness and motivate people to conserve water and support the UN's Sustainable Development Goals which include the aim of providing water and sanitation to every person by 2030.



# WATER AND SANITATION



## Refurbishment of Toilets

On 15th March 2022, two toilets were refurbished at Hemchandra Simanta Vidyalaya, Sahapur, Odisha by CHF volunteers. Renovation of washrooms and toilets was an essential part of making the school more hospitable for the students studying there. The majority of students at the school are girls. Thus, the availability of clean and safe toilets and washrooms became pivotal.

The newly renovated toilets made it safer for students to spend their time in school and helped curb the dropouts from students, as seen earlier. 80 students have benefitted from this initiative.



# WATER AND SANITATION



Odisha

## 1. Sanitary Napkins Distribution at School

Given the multiple challenges women and adolescent girls face, it is evident that promoting Menstrual Hygiene Management (MHM) is not only a sanitation matter; it is also an important step toward safeguarding dignity, bodily integrity, and overall life opportunities of women and girls. Millions of women and girls globally lack adequate facilities for menstrual hygiene management (MHM). Inadequate WASH (water, sanitation, and hygiene) facilities, particularly in schools, can pose a major obstacle to girls' education.

To help this cause and minimize the risk factor-related health of girls in rural areas, Child Help Foundation has been undertaking a program wherein sanitary napkins are distributed to young girls. On 1st March, CHF distributed sanitary napkins to 79 girls of Hemachandra Simanta Vidyalaya, Sahapur, Odisha.



Maharashtra

## 2. Sanitary Napkins Distribution in Community

Irregular cleaning and poor hygiene during periods can lead to the growth and spread of bacteria in the genitals, causing infections. It is essential to maintain proper hygiene to prevent vaginal infections and problems with sexual intercourse, pregnancy, and childbirth.

To help this cause and minimize the risk factor-related health of girls in rural areas, Child Help Foundation has been undertaking a program wherein sanitary napkins are distributed to young girls and women. While they might otherwise not have been able to afford them or they might not have been available to them, CHF provides the girls with sanitary napkins for their ease and healthy living. On the occasion of International Women's Day, 385 pads were distributed to 55 women belonging to a community in Mira Road, Maharashtra.



# WATER AND SANITATION



## Village Cleaning

Sanitation is important for any living being to reside. Noticing the lack of sanitized and clean environments in the Sahapur village, Odisha, 15 students from Hemachandra Sanskrit Vidyalaya with the help of Child Help Foundation, took up the responsibility of making the area cleaner for the villagers. The presence of debris and waste was noticed and swiftly removed, making the village cleaner and safer for the residents. 400 villagers benefited through this initiative.



Villagers were inspired by this cleaning activity and they themselves started cleaning their surroundings keeping the village and environment clean and safe.



# HUMANITARIAN RELIEF



## Ration Kit Distribution

Child Help Foundation (CHF), Lauren (CSR), and Stepping Stone (NGO) collaborated and distributed ration kits on March 22nd, 2022. The program benefited 85 people including the LGBTQ community. Rice, Dal, Spices, Tea, Cooking Oil, and other items were included in the ration kit.



This program was well-received and earned positive feedback. Lauren sponsored the ration packets for this initiative (CSR). According to the program's target group, they require a hygiene kit in the future.



# GENDER EQUALITY



## Women's Day Celebration

Child Help Foundation celebrated International Women's Day across all its branches in India. The celebrations were flagged off with the management honoring the contribution of each and every women's participation both in personal as well as professional life. Child Help Foundation actively advocates women's empowerment and has more than 90% of its employees as females. During the program cake cutting and experience sharing were done by the staff.







# GENDER EQUALITY



## Zero Discrimination Day

Committing to making our world free of stigma and discrimination is not an option, it is our duty. Discrimination and maltreatment of women and children have long been a priority for us. Child Help Foundation, on the other hand, wished to support the LGBTQ community in their fight for equal rights in society on this Zero Discrimination Day. We gave the transgender community a place to express themselves and discuss the issues they encounter.

A session was conducted at Rassaz Green, Ramdev Park, Mira Road, and Mumbai. The session was regarding the encouragement of transgender to awaken them to fulfill their dreams. It was a gathering of the District Secretary- Women cell- Mrs. Farhat P Shaikh and Body, members of Congress party who want this Transgender to be treated equally.

A short film on Aina was shown to them so they can get motivation. The Government has also started thinking for them.

We are one. We are all on the same level. We hope to increase awareness about the stigma and discrimination suffered by the transgender community through this initiative.

There is just one question on their minds. Why can't society embrace and appreciate them, even if the government has granted them the rights they deserve?





# ZERO HUNGER



In the 2020 Global Hunger Index, India ranks 94th out of the 107 countries with adequate data to calculate 2020 GHI scores. With a score of 27.2, India has a level of hunger that has severe implications. According to this report, 14 percent of India's population is undernourished.

Child Help Foundation's Zero Hunger program ensures that no child goes to sleep with an empty stomach.

Our Roti Ghar initiative, in partnership with the Khushiyaan Foundation, feeds warm and nutritious meals to 1,800 underprivileged children daily. Many of these kids find it difficult to carry out daily activities like going to school because of health issues caused by undernutrition. In the last 3 and a half years of this program, 50 percent of these beneficiaries have seen an improvement in their health, and 70 percent of them have resumed going back to school.



# LIFE BELOW WATER



CHF Volunteers conducted weekly Beach clean-up activities, thereby contributing to saving the environment. MBMC workers/staff also provided their support to the event. Many people from surrounding localities involve themselves as volunteers. During our beach clean-up activities, several college students had come forward to volunteer with us. Around 41,470 Kgs of plastic waste materials was collected in the month of March



# PARTNERSHIP FOR GOALS



## Indoco Remedies



### Wish Tree

Indoco Remedies Ltd. is a fully integrated, research-oriented pharma company engaged in the manufacturing and marketing of Formulations (Finished Dosage Forms) and Active Pharmaceutical Ingredients (APIs).

To commemorate their 75th anniversary, Indoco Remedies, in partnership with Child Help Foundation conducted a Wish Tree Activity to Bring Smiles into the lives of underprivileged children.

The Wish Tree gifts were distributed among 18 Children at Sneha Orphanage in Bangalore.

# EVENTS



### Awards

It was a great honor to receive the "Best Healthcare NGO of the Year" and "Education for Girl Child" Awards instituted by the World CSR Congress. This accomplishment is a significant milestone for Child Help Foundation. It was an incredible moment for us. CHF wants to extend sincere gratitude to all the corporate sponsors, individual donors, advisory team, and volunteers for their collective wisdom, efforts, and support. THANK YOU for truly being our superpower!

# EVENTS



## Holi Celebration

Holi was celebrated at CHF head office on 24th March 2022.

Holi is a festival of colors, and all of the staff at CHF joined together to celebrate with organic colors that symbolized our "unity and love".

# EVENTS



## Visit to Raj Bhavan

Child Help Foundation organized a tour to Raj Bhavan (the official residence of the Honorable Governor of Maharashtra) on 24 March 2022. 21 children from various schools like St. Pauls, St. Xaviers, St. Thomas, RBK, Svp, and MBMC joined the tour. Raj Bhavan is surrounded by the sea and has a long history of heritage.

The tour guide Ms. Nisha took the children through the 50-acre campus to visit Sunrise Point, Bunker, Devi Temple, and the Resort explaining the history and architecture. The children were thrilled and excited. We thank the Honorable Governor and staff for organizing such an eventful visit to such a beautiful place.



# EVENTS



## **Birthday Celebration**

Every child has the right to attend school, learn to read and write and express themselves through art. Yet many underprivileged children do not have access to raw materials.

Seeing this inequality in society, one donor couple came forward bearing gifts for these underprivileged children on her son Viraj Patil's birthday. Your contribution is very important to our most important people, the children we serve. You have given them the opportunity to experience a normal, happy childhood. Our children will be happy performing in schools, thanks to your donation of stationary. This will help them achieve their goals in academics and motivate them to excel in their studies.

Child Help Foundation is grateful to all the parents who help us in serving the underprivileged children making them future-ready!





# EVENTS



## **Village Development Project (Bhintighar Village-Gulabi Gaon)**

On 30th March 2022 Trustee of CHF Mr. Jugender Singh, CSR Head of CHF Mrs. Meena Lokhande-Lee, CHF Project team staff Mrs. Shilpa Lokhande, Representative from Seva Sadhana-Mr. Deepak Bhagat, Contractor-Mr. Kadam, and the volunteer Mr. Gaurav attended the meeting at Bhintighar village regarding the project Business Hub and Skill Development for Tribal villagers. This project focuses on the Infrastructural and Livelihood Development of the villagers. 20 people from the village attended the meeting.



2 ZERO HUNGER



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3 GOOD HEALTH AND WELL-BEING



13 CLIMATE ACTION

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Reg. No. E-6427/2010/Thane

# Bringing Smiles

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