

# NEWSLETTER



Registration No: E6427 (Thane)



JANUARY 2022

# ABOUT US



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**Child Help Foundation (CHF)** is a pan - India non-profit organization, registered under the Bombay Public Trust Act 1950, which started in the year 2010. Committed to the fulfilment of Child Rights as promised by the Indian Constitution and United Nations Convention on the Rights of the Child (UNCRC), CHF's principal purpose is to empower the disadvantaged holistically with some of our initiatives like Emergency Medical Support, Education, Clean Water, and Sanitation, Gender Equality, Zero Hunger and Humanitarian Relief.

CHF also works largely in bringing about a balance in society by taking care of stray animals under our Life on Land initiative and Beach Clean Up activities under our Life Below Water initiative.

Today, CHF is nationally recognized for its efforts to uplift the underprivileged in society. Our response is multi-sectoral based on reliable expertise and extensive groundwork. We have implemented multiple grassroots-level initiatives all over the country in 21 states.

Amongst many others, CHF has won various awards in 2019-20: The ET NOW - Rise with India Award for the Best NGO in Healthcare, Best NGO in Education for Girl Child, Best NGO for Cancer Prevention, Award for Dedication and Commitment from Tata Memorial Hospital, and the Dadasaheb Phalke International Film Festival Award for Benevolent Efforts in Social Welfare. In August 2021, CHF received three awards at the 7th Edition of National Awards. These awards were received for Best Covid -19 NGO for Community, Best Healthcare NGO of the Year, and Best NGO for Education for Girl Child.

We have offices in 12 cities including Mumbai, Thane, Pune, Delhi, Kolkata, Bhubaneswar, Hyderabad, Kochi, Bengaluru, Chennai, Gurugram, and Dimapur. We also have an international presence in the United States of America.

**MISSION:** Our Mission is to inspire and empower people into the culture of giving and bringing about a positive change in the lives of children and society.

**VISION:** Reaching out to marginalized children in need, empowering them, bringing smiles, and making them future-ready.



# EMERGENCY MEDICAL SUPPORT

Child help Foundation helps fund the treatments of children suffering from life-threatening, non-communicable diseases like Congenital Heart Diseases, Cancer, Organ Transplants, and Preterm Babies, amongst many others. We ensure that these children get the required treatment as soon as possible, and their families get the support they need throughout the treatment.

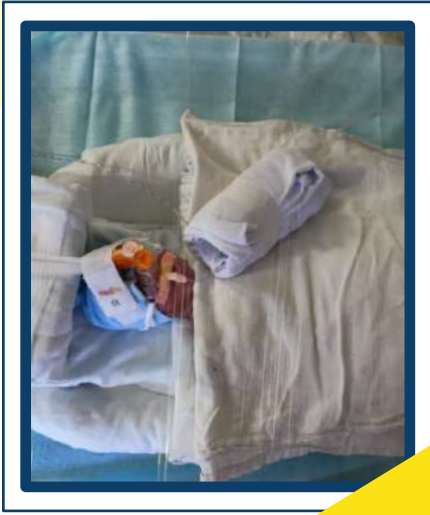


## Kayrab Baghel

Kayrab Baghel, a 1-year-old boy lives in Gwalior, Madhya Pradesh. His father Mr. Jeetender Baghel works at a medical store and earns a meager income of Rs 6,000/- per month. Kayrab's mother Mrs. Shivani Baghel is a homemaker. The family of three lives in a rented house with a monthly rent of Rs 3,000/-. Within a few days of him being born, Kayrab's parents noticed that he was unwell and had high fevers quite often. Concerned, they took him to Mangal Nursing Home, Gwalior, where Kayrab was diagnosed with Cyanotic Congenital Heart Disease. Cyanotic heart disease refers to a group of many different heart defects that are present at birth. That is when his treatment began, which cost them Rs 50,000/-. Kayrab's parents had no option but to borrow a huge sum from their friends and relatives. The treatment fell short and Kayrab's symptoms resurfaced. His heart defect has taken a toll on his limbs now. One of his legs is not able to function normally.

Kayrab's parents took him to Paras Hospital, Gurugram. The Doctors suggested that Kayrab needs to undergo Open Heart Surgery. The estimated cost of the surgery is Rs 4,50,000/-.

# EMERGENCY MEDICAL SUPPORT



## Twins of Remani

The Twin baby girls of Remani are five days old from Idukki, Kerala. Mrs. Remani N. is a homemaker, her husband, Mr. Prasad N. is a farmer. He earns a minimal income of Rs 3,000/- per month, which keeps fluctuating according to the yield. Mrs. Remani was suffering from Blood Pressure fluctuations during the seventh month of her pregnancy. She was rushed to Lourdes Hospital, Kochi, where the doctors suggested immediate C-section delivery. She gave birth to two preterm baby girls. The twins suffer from symptoms of prematurity including an extremely low birth weight of merely 710 grams and 630 grams respectively, as well as an underdeveloped body.

The doctors have advised to keep the babies in the NICU with ventilator support and continue the treatment for the next few months. The estimated cost of the treatment is Rs 5,00,000/-.



## Twins of Harbai

The twins of Mrs. Harbai and Mr. Ram Saini are 8-days-old boys from Dausa, Rajasthan. They are suffering from symptoms of prematurity, as they were born in the seventh month of pregnancy. Their father, Mr. Ram Saini works as a daily wage laborer on a contractual basis with little or no working opportunities and their mother is a homemaker.

The parents were facing difficulty in conceiving and had to undergo an IVF treatment which cost a fortune. They were forced to sell their only source of income - the only piece of farming land that they owned. In the third round of IVF, Mrs. Harbai got pregnant with twins.

Unfortunately, their dreams were shattered as the two baby boys were born preterm. Currently, the babies are admitted to the Neo Clinic Hospital, Jaipur. They suffer from extremely low birth weight and respiratory syndrome, for which they need to undergo a NICU stay for a few months. The estimated cost of their treatment is Rs.7,50,000/-.

# EMERGENCY MEDICAL SUPPORT



## Baby of Darshana

The baby of Mrs. Darshana Patil and Mr. Mangesh Patil, is a one-month and 21-days-old baby girl from Thane, Maharashtra. The baby's father is a fisherman, with a monthly income of only Rs. 5,000/-. Her mother is a homemaker. During the seventh month of her pregnancy, Mrs. Darshana started facing some complications and blood pressure issues, due to which the doctors suggested she get a C-Section instead of waiting till the ninth month. Born preterm, the baby suffers from extremely low birth weight, RDS, Neonatal sepsis, and IntraCranial Bleeding. She was also suffering from Neonatal jaundice which was cured by medication. The baby is admitted to Dr. Bedekar Hospital for Women and Children, Thane.

The doctors here have advised the parents to keep their daughter in the NICU for a couple of months. The estimated cost of the baby's treatment is Rs. 5,00,000/-.



## Ayansh Kumar

Ayansh Kumar is a nine-month-old baby boy from Samastipur, Bihar. He is suffering from a Congenital Heart Defect. His father, Mr. Vijay Kumar works as a helper at a pharmaceutical store. He earns a minimum income of Rs. 7,000/- per month. Ayansh's mother, Mrs. Twinkal Kumari is a homemaker. Ayansh is their only child. The family consists of five members as his grandparents live with them.

Within seven to eight days of his birth, Ayansh suffered from frequent colds and cough, so his parents took him to a local doctor, where he was diagnosed with pneumonia. Hence, he was admitted to RML Hospital, New Delhi. During his regular check-ups, the doctors discovered a hole in Ayansh's heart. They told his parents that Ayansh needs to undergo Open Heart Surgery urgently. He was shifted to Apollo Hospital, New Delhi, where his treatment is supposed to take place. Ayansh's parents live in a rented room near the hospital which costs them Rs. 7,500/- per month. Currently, Mr. Vijay is out of work due to his only child's medical emergencies. The entire family's daily expenses are supported by Ayansh's grandfather's little income that he earns from a meager job. The estimated cost of the surgery is Rs. 3,50,000/-.



# EMERGENCY MEDICAL SUPPORT



## Khadija Khanam Khan

Khadija Khanam Khan is a 4-years and 11-months girl from Dhule, Maharashtra. Her father Mr. Mujaid Khan is the breadwinner in the family of five. Her mother, Mrs. Nikhat Parven Khan is a homemaker. Khadija's brother Maaz Khan is 10 and suffers from a neurological disorder. Their grandmother lives with them. Khadija was 3.5 years old when her parents noticed a swelling in her stomach. She could not pass urine at all for many days. When taken to the local doctor, her blood check-up was done and she was diagnosed with Thalassemia Major along with Hypersplenism. Her spleen is abnormally enlarged, and her body couldn't detoxify itself.

Her parents took her to the government hospital for regular blood check-ups and medications to control her situation. However, it was not enough. Mr. Mujaid's family friend advised her father to visit Ashoka Medicover Hospital, Nashik, wherein her Splenectomy will take place. The estimated cost of her surgery is Rs. 2,25,000/-.



## Tanu Bhosale

Tanu Bhosale, a four-year-old girl is suffering from Liposarcoma AV Malformation. Her father, Mr. Gorakhanath Bhosale and mother, Mrs. Radhika Bhosale works as a daily wage farm laborers and earns up to Rs. 150/- per day. Tanu has an elder sibling Tejashwini Bhosale (7); the family of four lives in Sangli, Maharashtra.

When Tanu was three-years-old, her parents noticed an unusual swelling on the right side of her face. Tanu couldn't eat well as it caused her immense pain to swallow. Worried parents took Tanu to a local hospital in Sangli. After several checkups, it was discovered that Tanu is diagnosed with Liposarcoma AV Malformation (Tumor in soft tissue). The doctors suggested for Tanu to undergo Excision of Soft Tissue, Mass on the Face and Neck and Aggressive Postoperative Medical Management Surgery. Tanu was shifted to AIMS Hospital, Pune for further treatment. The estimated cost of the surgery is Rs. 2,52,000/-. With time, medical expenses have exhausted her parent's savings and they are unable to afford the surgery.

# EMERGENCY MEDICAL SUPPORT



## Twins of Neeta

Twin baby girls of Neeta Changlani are 26-days old premature babies born in Jaipur, Rajasthan. Their father Mr. Nitin Changlani works as a salesman in a local shop and earns Rs. 8,000/- per month and their mother Mrs. Neeta is a homemaker. Nitin's father and mother live with them in a rented house which costs them Rs. 3,500/- per month.

During the sixth month of pregnancy, Neeta was suffering from blood pressure fluctuations. She was rushed to Rohit Hospital in Ajmer. Prolonged pregnancy was a danger to the twins' and mother's lives, and hence, Neeta had to undergo an immediate C-section delivery. The twin girls were born with extremely low birth weight and suffered from other symptoms of prematurity.

The doctors at Rohit Hospital had advised keeping the twins under NICU treatment for the next couple of months. The twins were shifted to Neo Clinic, Jaipur for NICU stay. The estimated cost of their treatment is Rs. 13,00,000/-.



## Aneek Chowdhury

Aneek Chowdhury is a 13-year-old boy from Kolkata, West Bengal. He is the only son of Mr. Debabrata Chowdhury, a helper at a private office, and Mrs. Kajuri Chowdhury, a homemaker.

Mr. Chowdhury is the only breadwinner in the family and he earns a monthly income of Rs. 8,500/-. His mother used to take tuitions on a part-time basis, which is currently discontinued due to COVID-19 and Aneek's treatment.

In 2019, Aneek was diagnosed with Ewing Sarcoma (Bone Cancer), for which he was treated with Chemotherapy. He also underwent Internal Right Hemipelvectomy, due to which his pelvis girdle was removed. He was later diagnosed with Cholelithiasis (Cancer in the Gallbladder). He was admitted to Apollo Hospital, Kolkata, where the doctors suggested he undergo Laparoscopic cholecystectomy (Removal of Gallbladder). The estimated cost of the surgery was Rs. 1,58,000/-.



# EMERGENCY MEDICAL SUPPORT



## Amerah Efra Denson

Amerah Efra Denson is the nine-month-old baby girl of Mr. Denson George and Mrs. Anju Joy. The baby's father is a fisherman with a monthly income of only Rs. 3,500/-. Her mother is a homemaker. Amerah has an elder sister Grace Maria Denson(3). The family of four lives in a rented house in Thiruvananthapuram, Kerala.

Amerah was born with a Neural Tube Defect involving lumbar Meningomyelocele type 2 Arnold Chiari Malformation and urinary problems in Sree Avittam Thirunal Hospital, Thiruvananthapuram, Kerala. Normally the cerebrospinal fluid protects the brain, and the spinal cord is present in the tissues of the spine. Meningocele occurs when a fluid sac pushes through the gap between the vertebrae. Chiari malformation causes the brain tissue to extend into the spinal canal. Due to this disorder, when Amerah was born, her legs were numb, and she could not move her legs like a healthy newborn would. She has already undergone two surgeries for the repair of meningocele and ventriculoperitoneal shunting. Amerah is undergoing physiotherapy for motor development and intermittent catheterization for urinary problems at the KIMS Health Hospital, Thiruvananthapuram, Kerala. Physiotherapy is helping her to move her right leg. However, this is not enough. To recover and move like a normal baby, she needs to continue physiotherapy for another two years. The estimated cost is Rs. 2,00,000/-. Amerah's family needs your help to make her recovery possible



# SUCCESS STORIES



## Shreya

Shreya is a nine-year-old girl from Guttahalli, Bangalore. Her Father, Mr. Nagesh is an auto driver, and her mother, Mrs. Bhavya is a housewife. Shreya is the eldest and has 2 younger siblings.

During the lockdown, Shreya started having difficulty lifting her left leg. After the medical tests and examination, she was diagnosed with Proximal Dorsal Scoliosis and Springel shoulder. This means that she has a curved spine and an uneven shoulder which restricts her movements. She was suggested to undergo bilateral posterior Instrumentation and deformity correction surgery. The estimated cost of her surgery was Rs. 2,80,000/-. CHF helped Shreya's family to raise funds and her surgery was performed successfully. She was discharged from the hospital on 12th January 2022.



## Baby of Bhagyashree Singh

The baby boy of Bhagyashree is a premature baby. His father, Mr. Siddharth Singh, is regularly unwell and is unemployed. His mother, Mrs. Bhagyashree, worked at a garment factory, as a helper, but lost her job due to the COVID-19 pandemic. The family's only support is the baby's maternal grandmother, who works as a domestic worker and earns just Rs. 2,000/- per month.

Bhagyashree Singh underwent a C-Section while giving birth. The infant's grandmother borrowed money from her employer to support her daughter and her grandson's medical bills.

The baby was diagnosed with low birth weight and mild respiratory distress. He was admitted to the NICU in Queens Hospital, Thane, for 44 days. The estimated cost of the treatment was about Rs. 3,00,000. CHF helped the family to raise this huge amount of money and supported the family throughout the child's treatment. He was discharged on 15th January 2022.

# SUCCESS STORIES

## Baby of Jagruti Bhagyawant

The baby girl of Jagruti is a premature baby from Kalwa, Thane. She was admitted to the NICU in Queens hospital, Thane. Her father, Mr. Shreyans Bhagyawant is a supervisor earning Rs. 8,000/- per month and Mrs. Jagruti is a homemaker. Baby's grandfather, Mr. Vinod Bhagyawant is an auto-rickshaw driver who earns approximately Rs. 10,000/- per month and her grandmother is also a homemaker.

The doctors had advised continuing the ventilator support for 2 months for the baby to recover, the estimated cost of which was Rs 3,00,000/-. The baby was showing signs of recovery gradually. But the family was drained of all their savings and was unable to afford further treatment. CHF was able to support the family in their hard times. The baby has now recovered and was discharged on 22nd January 2022.



## Titli Mondal

Titli Mondal, an eight-years-old girl from Kolkata, West Bengal, was diagnosed with cancer about six months ago. She is the birth daughter of Late Mr. Sufal Mondal and Mrs. Bulti Mondal. Mr. Prasunath, her stepfather has been looking after Titli and her sister, Soumili, who is 14, since their father's death. Mr. Prasunath works in a glass shop with a minimum salary of Rs. 7,000/- per month, and Mrs. Bulti is a homemaker. Out of Rs. 7,000 earned, Rs. 3,000 goes towards their house rent.

About six months ago, Titli started feeling a sharp pain in her right leg, which led to swelling and caused her massive discomfort. After being taken to the hospital, she was diagnosed with Cancer. Titli underwent regular chemotherapy sessions at Tata Memorial Hospital, Kolkata. The cost for which was around Rs. 10,00,000/-. The family had to borrow from several friends and relatives to meet this high treatment expense. They were forced to sell their gold and other belongings for their daughter's treatment. Titli's family took her to Medica Superspecialty Hospital, Kolkata, for her further treatment. After test results, the doctors found a tumor in the bone on her right knee. To get better, she needed to undergo surgery to extract the tumor. The estimated cost of the surgery was Rs. 5,75,000/-. CHF helped the family to raise this huge amount of money and Titli's surgery was performed successfully. She was discharged on 6th January 2022.



# SUCCESS STORIES



## Vitthal Bhosale

Vitthal Bhosale is a 12-year-old boy, suffering from Congenital Heart Disease (CHD). His father Mr. Karan Bhosale and his mother Mrs. Sukanya Bhosale, are daily wage laborers earning up to Rs. 250/- and Rs. 100/- everyday respectively, depending on the nature of work. Vitthal has two siblings, Chetan Bhosale (16) and Renuka Bhosale (17). The family lives in a rented house with a monthly rent of Rs. 2,000/- in Sonpeth, Parbhani District, Maharashtra. Vitthal was one and a half years old when he started suffering from difficulty in breathing.

The doctors detected his heart defect and warned the parents that it will prolong. As he turned 15, his symptoms aggravated. He was taken to AIMS Hospital, Pune. The doctors suggested he undergo an Urgent Balloon, Pulmonary, valvuloplasty Heart Procedure. The estimated cost of his treatment was Rs. 2,38,000/-. The family is very poor and had urged CHF for support. Our team helped the family to raise funds for Vitthal's treatment. His surgery was performed successfully and he got discharged on 28th January 2022.



## Paras Sakate

Paras Sakate is a two-year-old boy from Pune, Maharashtra. His father Mr. Hanumant Sakate, is a daily wage laborer earning a minimum of Rs. 9,000/- per month. His mother, Mrs. Chakuli is a homemaker. Paras has an elder sister, Anisha Sakate (4). The family lives in a rented house, with a monthly rent of Rs. 4,000/-.

When Paras was six months old, his parents noticed a small lump below his right ear. The lump seemed harmless, so no action was taken against it. Unfortunately, the lump kept growing with time. Paras used to cry a lot but his parents were unable to understand his pain, as he could not speak. When he turned two in October 2021, they finally took him to the AIMS Hospital, Pune.

Medical tests were done, and Paras was diagnosed with a Multilocular Cystic Lesion, which is a type of slow-growing tumor. As a part of his treatment, he needed to undergo Excision of Large Hamartoma Surgery to extract the tumor.

The estimated cost of the surgery was Rs. 4,35,000/-. Mr. Hanumant Sakate is the only breadwinner for the family and had urged CHF for support. Our team helped the family to raise funds for Paras' treatment. His surgery was performed successfully and he got discharged on 3rd January 2022.



# SUCCESS STORIES



## Prathyush Giri

Prathyush is a three-year-old boy from Pune. His father, Mr. Khokan Giri is a daily wage laborer and his mother, Mrs. Kavitha Giri is a homemaker.

Prathyush was very young when his heart defect was diagnosed. He kept suffering from the time of his birth. He was being treated in Care hospital, Hyderabad. He was suggested to undergo Multiple VSD closure and ASD Closure surgery. The estimated cost of his treatment was Rs. 5,00,000/-.

The family contacted CHF for support. Our team helped them raise funds for Prathyush's surgery which went successfully. He was discharged on 15th January 2022.



## Baby of Jijitha

The baby boy of Mrs. Jijitha AR was born in the seventh month of pregnancy. His father, Mr. Sudeesh EM is a fisherman, who barely makes an earning of Rs. 4000/- per month. The family consists of five members, as Sudeesh's parents live with the couple.

The baby was suffering from Respiratory Distress Syndrome and low birth weight due to prematurity. He also suffered from neonatal sepsis which is a type of blood infection. The doctors at Amrita Institute of Medical Sciences, Kochi, suggested keeping the baby in the NICU for four weeks.

The parents spent around Rs. 4,50,000/- for their baby's treatment. The estimated cost for the child's further treatment was Rs. 9,00,000/-. Mr. Sudeesh was unable to raise this amount and turned to CHF for help. The baby was discharged on 8th January 2022 and is in a healthier state.



# EDUCATION SUPPORT



## **Sakhare Ashram Shala, Palghar, Maharashtra**

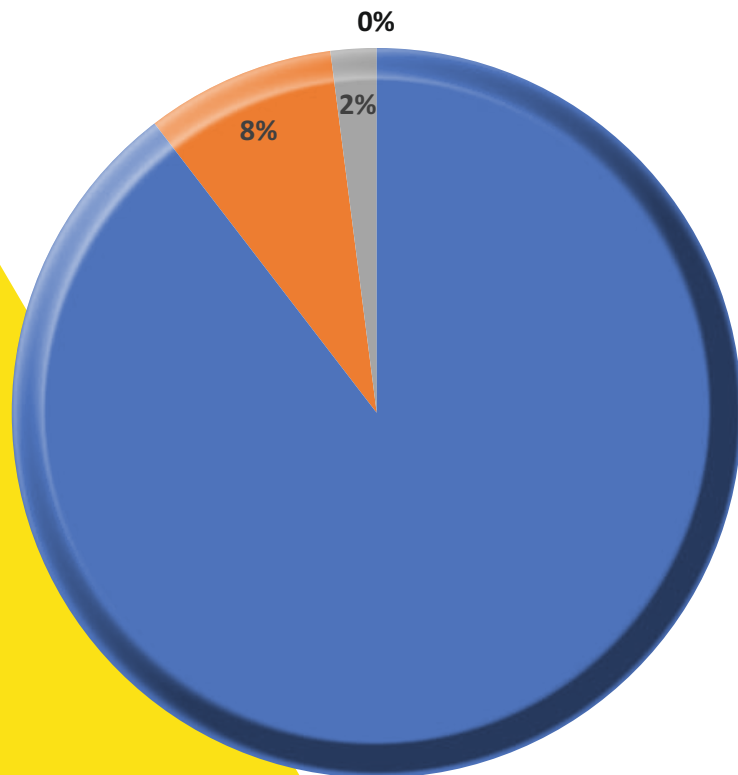
Child Help Foundation visited the Mini Science Center (MSC) in the Government Secondary High School at Sakhare Ashram shala on 28th January 2022. Our volunteers conducted a Midline Survey with 48 students and interacted with them for feedback. It was observed that the program is functioning smoothly.



### Do you like the models in mini science center?

■ Yes, All Models 
 ■ Very Few Models 
 ■ Some Models 
 ■ Don't Know

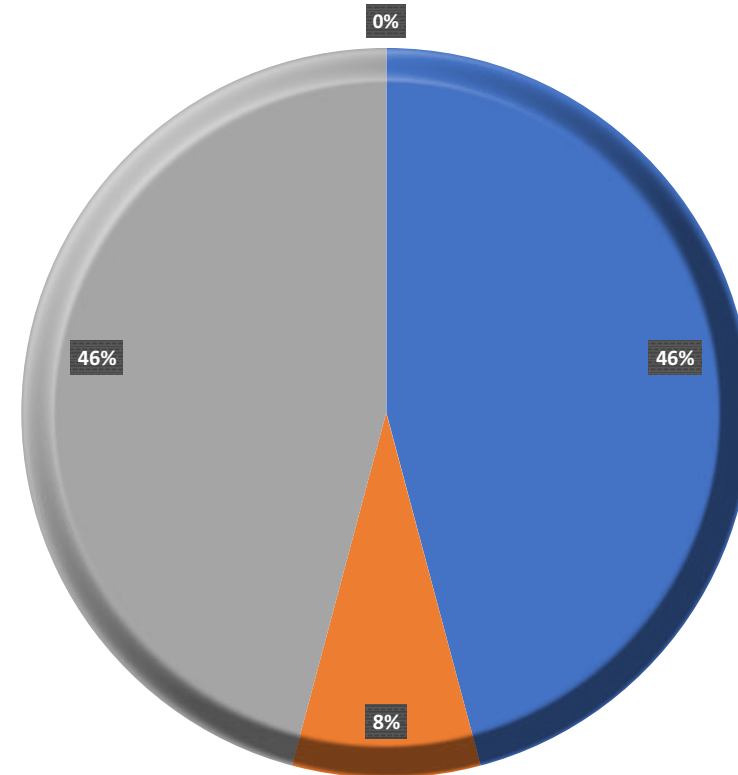
Do you like the models in mini science center?	Response
Yes, All Models	43
Very Few Models	4
Some Models	1
Don't Know	0



### Is Mini Science center helps you to understand the basic Science concepts with ease ?

■ Always 
 ■ Often 
 ■ Sometimes 
 ■ Never

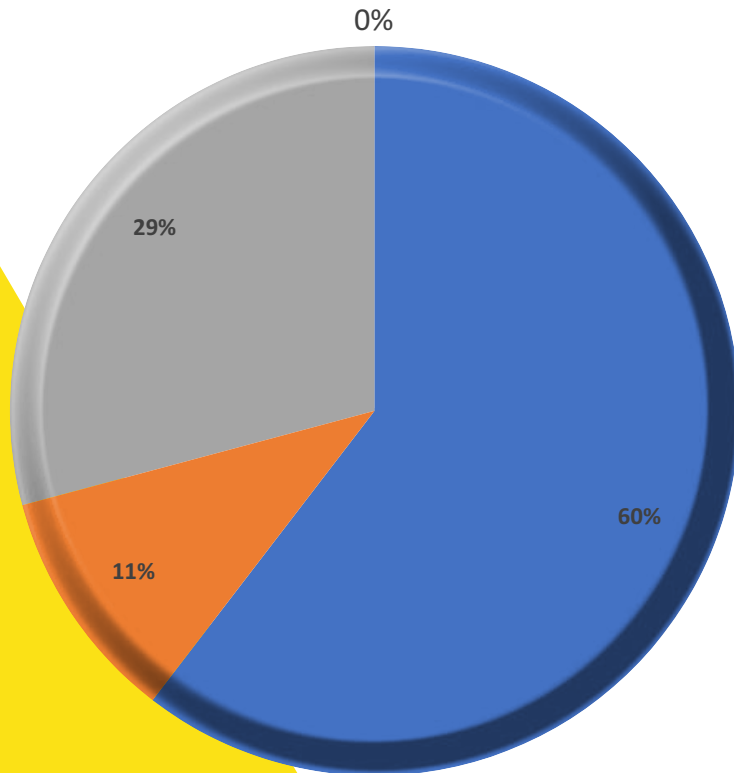
Is Mini Science center helps you to understand the basic Science concepts with ease ?	Response
Always	22
Often	4
Sometimes	22
Never	0



### Do you enjoy learning from Mini Science center?

Always Often Sometimes Never

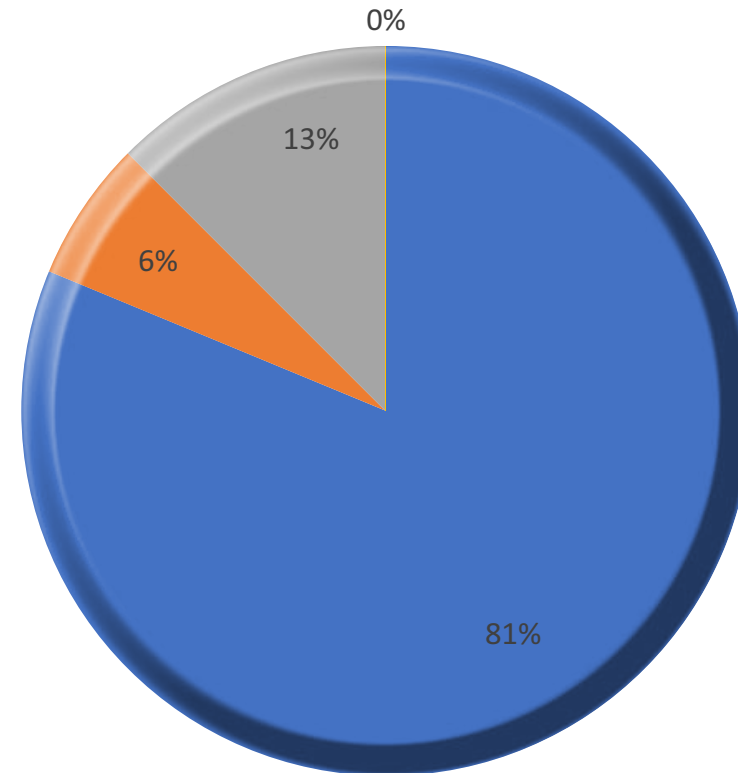
Do you enjoy learning from Mini Science center?	Response
Always	29
Often	5
Sometimes	14
Never	0



### Do You get help from Mini Science Coordinator

Always Often Sometimes Never

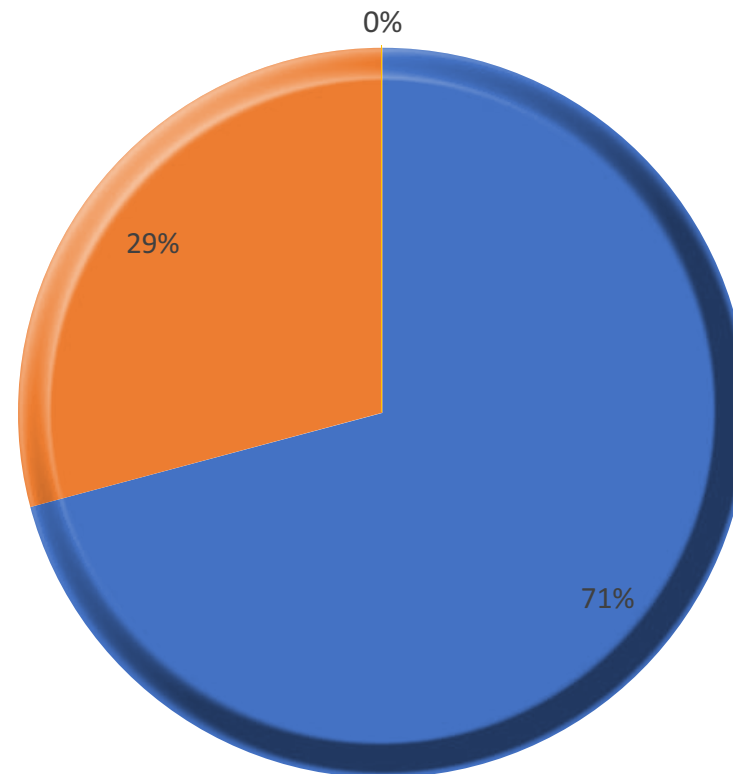
Do You get help from Mini Science Coordinator	Response
Always	39
Often	3
Sometimes	6
Never	0



### Do You feel difficulty in operating any model?

■ Yes    ■ No

Do You feel difficulty in operating any model?	Response
Yes	34
No	14







# HUMANITARIAN RELIEF



To help individuals, all over the country, who have lost their jobs due to the pandemic, and have no means to support their families, Child Help Foundation has been working since the beginning of the pandemic to provide some relief to these individuals.

Unemployment has been on the rise and many families, with single breadwinners, are struggling to make ends meet. Our team has been working towards reaching out to as many families as possible. These families have expressed gratitude as CHF has been one of the first NGOs to support communities that are usually difficult to reach out to.



Our team has reached out to families living in Mumbai, Thane, Airoli Sector 19/20 (Maharashtra), Delhi, Odisha, Hyderabad (Andhra Pradesh), and Bengaluru (Karnataka). We have also reached out to families in Uttar Pradesh and Rajasthan. In January 2022, CHF successfully reached out to 983 beneficiaries under this program.



# COMMUNITY DISTRIBUTION



## Odisha

With the dropping temperatures and increased cold, Child Help Foundation organized distribution drives across Odisha. We donated warm blankets among the underprivileged communities at Prativa Ashram, Dumduma and Bhailo Village, to save them from the harsh climate. A total of 90 individuals benefited from this.

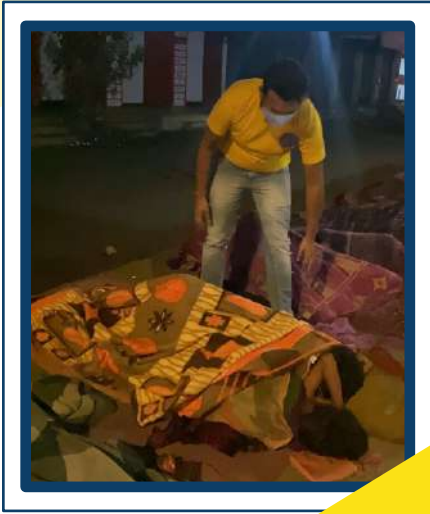


## Saphale, Maharashtra

Child Help Foundation organized a blanket distribution drive in Saphale, Maharashtra on 28th January, 2022. 220 blankets were distributed among 55 families from the underprivileged community.



# COMMUNITY DISTRIBUTION



## Mira Bhayander, Maharashtra

On 11th January, CHF volunteers distributed 100 blankets in the Mira Bhayander area, Maharashtra.



## Mumbai, Maharashtra

On 14th January, our volunteers distributed blankets among 200 beneficiaries at Goregaon and Borivali, Mumbai, Maharashtra.



# ZERO HUNGER



In the 2020 Global Hunger Index, India ranks 94th out of the 107 countries with adequate data to calculate 2020 GHI scores. With a score of 27.2, India has a level of hunger that has severe implications. According to this report, 14 percent of India's population is undernourished.

Child Help Foundation's Zero Hunger program ensures that no child goes to sleep with an empty stomach.

Our Roti Ghar initiative, in partnership with the Khushiyaan Foundation, feeds warm and nutritious meals to 1,800 underprivileged children daily. Many of these kids find it difficult to carry out daily activities like going to school because of health issues caused by undernutrition. In the last 3 and a half years of this program, 50 percent of these beneficiaries have seen an improvement in their health, and 70 percent of them have resumed going back to school.



# WASH



## ZP School, Palghar

Contaminated water and poor sanitation are linked to the transmission of diseases such as cholera, diarrhea, dysentery, hepatitis A, typhoid, and polio. Child Help Foundation inaugurated a water filter in Dongare ZP School, Saphale, Maharashtra, on 28th January. With children particularly at risk from water-related diseases, access to improved sources of water will result in better health and therefore better school attendance, with positive longer-term consequences for their lives.





# MENSTRUAL HYGIENE MANAGEMENT (MHM) PROGRAM



## 1. Sahapur, Odisha

Child Help Foundation also distributed sanitary napkins among 40 young girls at the Sahapur school in Odisha. Under the Menstrual Hygiene Management Program, CHF aims to educate more and more young girls and women about safe menstrual hygiene practices.

## 2. Nalasopara, Mumbai, Maharashtra

On 9th January 2022, Child Help Foundation team visited underprivileged communities from Nalasopara, Mumbai. We distributed sanitary napkins among 100 girls and women.



## 3. Palghar, Maharashtra

On 17th January 2022, Child Help Foundation's volunteers distributed 1,400 sanitary napkins among 200 students of Sakhare Ashram Shala and Bhopoli Ashram Shala in Palghar, Maharashtra. Good personal hygiene will keep these girls confident and safe during menstruation. We also conducted awareness sessions and explained the importance of menstrual hygiene to the girls.



# LIFE BELOW WATER



CHF Volunteers conducted weekly Beach clean-up activities, thereby contributing to saving the environment. MBMC workers/staff also provided their support to the event. Many people from surrounding localities involve themselves as volunteers. During our beach clean-up activities, several college students had come forward to volunteer with us. Around 32,000 kgs of plastic waste was collected in the month of December.





# SUSTAINABLE AND CLEAN CITIES



## Odisha

Child Help Foundation Volunteers are regularly cleaning villages in Odisha and contributing towards a Swachh Bharat. Our Volunteers regularly adopt new villages and also get the locals involved and create awareness of keeping one's surroundings clean and tidy.





# EVENTS



## Republic Day

To celebrate Republic Day, Child Help Foundation organized a Drawing Competition on 25th January. This activity was conducted in Mira Road, Maharashtra, wherein 16 children from primary and secondary schools were asked to paint their imagination. The topic was "Our National Flag." We also distributed snacks and refreshments among the participants.



## Birthday Celebration

Titli Mondal is an 8-year-old girl who was undergoing treatment for Bone Cancer. On 11th January, she celebrated her birthday at Medica Superspeciality Hospital, Kolkata. Child Help Foundation supported Titli's Rotationplasty Surgery which cost around Rs. 5,75,000.

We are happy that Titli underwent the surgery successfully and is on her path to recovery!

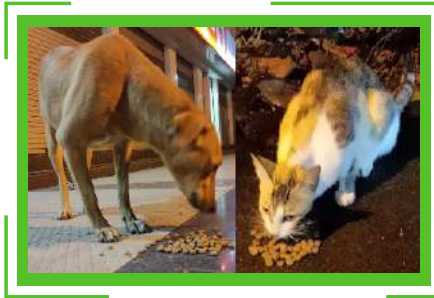


## Interactive Avenues

Interactive Avenues is a leading online digital marketing agency in India, specializing in SEO, SEM, SMO, digital media buying, website design and more.



1. On 28th January 2022, Child Help Foundation, in association with Interactive Avenues, distributed 10 double blankets, 100 sweaters for men, 100 sweaters for women and woolen gloves to the old age home SHEOWS in Badarpur, Delhi. These blankets, sweaters and gloves will protect these people from harsh winter winds.
2. On 7th January 2022, In association with Interactive Avenues, CHF distributed gifts among 50 children from Mira Road, Mumbai, Maharashtra.





Reg. No. E-6427/2010/Thane

# Bringing Smiles

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